# Adair County Family Support Referral Map

**Purpose:** The purpose of he family support referral map is to provide a simple tool to access and identify resources.
**Definition:** Family support programs includes group-based parenting education or home visiting programs that are designed to strengthen protective factors, including parenting skills, increasing knowledge of child development, and increasing family functioning and problem solving skills.

| **Program Name** | **Parents as Teachers** | **New Parent Program** | **FaDSS** | **Maternal Child Health** | **Early Access** |
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| **Agency & Contact Info** | Southwestern Community College 641-782-1308 | Lutheran Services in Iowa 515-271-7472 | Matura 641-782-8431 | Matura 641-202-7114 | Green Hills AEA or Heartland AEA 800-425-4371 |
| **Home Visitation** | **X** | **X** | **X** | **X** | **X** |
| **Group Parent Education** | **X** | | | | |
| **Evidenced based program** | **X** | **X** | **X** | **X** | **X** |
| **No Cost** | **X** | **X** | **X** | **X** | **X** |
| **Eligibility** | ●Must reside in the county<br>●Have child age parental up to kindergarten entry (ages 0-5 | ●Must reside in the county<br>●Be prenatal or have newborn up to 90 days after birth<br>● High risk | ●Must reside in the county<br>●Must be receiving Family Investment Program (FIP) | ●Must reside in the county<br>●Pregnant women on WIC<br>●Children age 0-21 | ●Have a child age prenatal up to age 3 with the probability of developmental delays |
| **Program Description** | ●Long term home visitation<br>●Offers personal visits<br>●Group based parenting education<br>●Developmental screenings<br>●Connects families to community resources | ●Strength based<br>●Long term, (up to 5 years)<br>●Holistic family focused<br>●Pre & post natal education for a healthy pregnancy, birth, and beyond<br>●Track/monitor developmental milestones | ●Home visitation Program<br>●Offers personal visits<br>●Set goals and advocate with you for other services<br>●Referrals to other community services | ●Provide pregnancy support and health education and referral<br>●Provide informing & care coordination to assist with establishing a medical or dental home; provide oral health services, developmental & lead screenings<br>●Provide depression screening & nutrition ed. | ●Supports families regarding child development<br>●Encouraging families to teach their child throughout daily routines<br>●Provides information and emotional support to families<br>●Coaching for families in order to problem solve and identify learning opportunities |
| **Participant Benefits** | ●School readiness & success<br>●Learn about child development<br>●Improve parenting practice<br>●Parent support | ●Increase positive parent child interaction(s)<br>●Build strategies for positive discipline<br>●Connect with local resources | ●Assist in attaining self sufficiency<br>●Referral to resources<br>●Assist in locating housing and other services needed<br>●Parent Support | ●Establishment of medical and dental home<br>●Improved birth outcomes<br>●Learn about child development<br>●Early referral | ●School readiness<br>●Family support |

| Examples of Appropriate Referrals to Family Support Programs | |
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| **Scenario 1** | **Appropriate Referral** |
| Primary caregiver resides in Adair County, is an **expectant first-time parent** who is receiving **FIP** benefits. She has completed the 11th grade and resides with her parents. She is interested in parenting information and support, as well as, getting connected to formal and informal supports in the community. **Proper nutrition** and eating during pregnancy are also concern. | • Maternal Child Health<br>• New Parent Program<br>• FaDSS |
| **Scenario 2** | **Appropriate Referral** |
| Primary caregiver resides in Adair County is **23 years old.** Expresses concerns over **social-emotional development** of her **2.5 year old**. She is also expecting another child and recently moved to Adair County. She is married and she and her 28 year old spouse have college degrees. She has chosen to stay home and they are at **200% of federal poverty**. She would like to get connected to other parents with children under five. | • Maternal Health<br>• Parents as Teachers<br>• Early Access |
| **Scenario 3** | **Appropriate Referral** |
| Primary caregiver resides in Adair County, is **32 years old** and is 21 weeks **pregnant** with a second child. Mom is working part-time, struggles to keep employment, and has minimal support. She wants help locating needed items to prepare for new baby and not sure where to start. She receives **WIC, Medicaid, and FIP** and has questions regarding labor and medical coverage for when baby arrives. | • Maternal Child Health<br>• New Parent Program<br>• FaDSS |
| **Scenario 4** | **Appropriate Referral** |
| Primary caregiver resides in Adair County, is **28 years old** and has income equal or below **185% of federal poverty** with children ages 2 and 5 and receiving, FIP, WIC and/or food assistance. Mom is struggling to get nutritious food on the table for the children because she does not have the background to make the best food decisions. Her **cooking skills may be minimal** so she tends to buy convenience foods which are more expensive. | • FaDSS<br>• Parents as Teachers |
| **Scenario 5** | **Appropriate Referral** |
| Primary caregiver is a **21 year old** male and has concerns that his two year old child is **not talking** and throws **temper tantrums**. | • Early Access<br>• Parents as Teachers |

WIC = Women Infant and Children's (food program)
Hawk-i = Health and Well Kids in Iowa (health insurance program)
FPL - Federal Poverty Level
FIP = Family Investment Program (cash assistance to needy families)
Medicaid or Title 19 = health insurance