
DALLAS COUNTY RESOURCE GUIDE



JUNE 2015

Funding Provided By:

*Boone Cluster DCAT
910 N. 10th Street
Adel, IA 50003
(515) 993-1710 • jfelt@dhs.state.ia.us*

Additions: Alcohol and Drugs

Alateen

Alateen is a fellowship of Al-Anon members (relatives and friends of those struggling with alcohol) between the ages of thirteen and seventeen whose lives have been affected by someone else's drinking.

Lutheran Church of Hope
925 Jordan Creek Parkway
West Des Moines, IA 50266
Phone: 515-222-1520
Website: www.hopewdm.org
Sunday 5-6pm

Al-Anon

Al-Anon is a fellowship of relatives and friends of those struggling with alcohol who share experiences, strength and hope.

Lutheran Church of Hope
925 Jordan Creek Parkway
West Des Moines, IA 50266
Phone: 515-222-1520
Website: www.hopewdm.org
Sunday 5-6pm

Alcoholics Anonymous

Support group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Intergroup/Central Office
1620 Pleasant Street, Suite 228
Des Moines, IA 50314
Phone: 515-282-8550 (24-hour service)
Toll free: 1-800-207-2172
For a list of meetings in Iowa by town:
www.aa-iowa.org/index.php?id=103

Lutheran Church of Hope
925 Jordan Creek Parkway
West Des Moines, IA 50266
Phone: 515-222-1520
Website: www.hopewdm.org
Saturday 9-10am, Sunday 5-6pm, Monday 12-1pm

Crisis Intervention & Advocacy Center

Addiction support group for women

W.E.A.L. (Women Ending Addiction for Life)
911 Court Street
Adel, IA 50003
Phone: 515-993-4095

Drug Disposal

Local places to dispose of unused or unwanted drugs

Adel

Adel Healthmart
113 N. 9th Street
Adel, IA 50003

Phone: 515-993-3644

Sumpter Pharmacy
628 Nile Kinnick Drive S, Suite A
Adel, IA 50003

Phone: 515-993-1119

Clive

Price Chopper Pharmacy
15500 Hickman Road
Clive, IA 50325

Phone: 515-987-0377

Grimes

Medicap Pharmacy
250 SE Gateway Drive
Grimes, IA 50111

Phone: 515-986-0101

**Anything but controlled substances

Hy-Vee Pharmacy
1541 South 3rd, Suite 100
Grimes, IA 50111

Phone: 515-986-4527

**For non-controlled substances only

Perry

Hy-Vee Pharmacy
1215 141st Street
Perry, IA 50220

Phone: 515-465-3543

**For non-controlled substances only

Medicap Pharmacy
601 1st Street
Perry, IA 50220

Phone: 515-465-3391

Shopko Pharmacy
1305 141st Street
Perry, IA 50220

Phone: 515-465-5484

Waukee

Medicap Pharmacy
10 Warrior Lane
Waukee, IA 50263

Phone: 515-987-8111

West Des Moines

Hy-Vee Pharmacy
1725 Jordan Creek Parkway
West Des Moines, IA 50266

Phone: 515-226-8921

Employee and Family Resources

Provides substance abuse prevention. Substance abuse prevention includes providing technical assistance and consultation to Dallas County residents, businesses, schools, and community groups through: Information distribution; School-based educational programming; Community involvement; Policy change strategies; Assistance with-drug-free activities

505 Fifth Ave., Suite 600
Des Moines, IA 50309
Phone: 515-244-2297
Website: www.efr.org

Nar-Anon

Nar-Anon is a fellowship of relatives and friends of those struggling with drugs who share their experiences, strength and hope.

Lutheran Church of Hope
925 Jordan Creek Parkway
West Des Moines, IA 50266
Phone: 515-222-1520
Website: www.hopewdm.org
Saturday 6:30-7:30pm

Narcotics Anonymous

Support group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from drugs.

South Central Area of Narcotics Anonymous
PO Box 743
Des Moines, IA 50303
Phone: 515-244-2277 (Help Line)
Website: www.iowa-na.org/

Lutheran Church of Hope
925 Jordan Creek Parkway
West Des Moines, IA 50266
Phone: 515-222-1520
Website: www.hopewdm.org
Saturday 7:30-8:30pm, Tuesday 12-1pm

Text-A-Tip

Information may be texted anonymously regarding unlawful activities such as: sales of alcohol to/use by minors and underage use of drugs anywhere in Dallas County. Sender of text will be confidential. Paid for by JAAG (Juvenile Anti-Alcohol Group) Task Force.

**Please provide location and times of activities if known.

Phone: 515-559-7790

United Community Services

Provides substance abuse treatment including methadone maintenance. Services include: Group therapy, outpatient substance abuse treatment, medication assisted treatment, continuing care, relapse prevention, detoxification, SAGE (Substance Abuse Group Education), Aftercare/Alumni group, and adolescent services.

**Spanish-Speaking group sessions

4908 Franklin Ave.
Des Moines, IA 50309
Phone: 515-280-3860
Website: <http://www.ucsonline.org>

Zion Recovery

Provides substance abuse evaluations, adolescent and adult outpatient treatment services, adult residential treatment, drug testing, and driving under influence 12-hour course.

309 S 7th Street, Suite B

Adel, IA 5003

Phone: 515-993-5243

Website: www.zionrecovery.org

2812 1st Ave.

Perry, IA 50220

Phone: 515-465-9310

90 E. Hickman Rd.

Waukee, IA 50263

Phone: 515-987-0510

Addictions: Eating

Celebrate Recovery/Lutheran Church of Hope

Support group for people affected by food related issues/eating disorders.

925 Jordan Creek Parkway

West Des Moines, IA 50266

Phone: 515-222-1520

Website: www.hopewdm.org

National Eating Disorders Association

Support for individuals and families affected by eating disorders. Services include: information for prevention, cures and quality care

Phone: 800-931-2237

Website: www.nationaleatingdisorders.org

Addictions: Gambling

Celebrate Recovery/Lutheran Church of Hope

Support group based on recovery for compulsive gamblers, debtors/spenders, or anyone who seeks recovery from their addictions. Meetings emphasize a solution, rather than the problem.

925 Jordan Creek Parkway

West Des Moines, IA 50266

Phone: 515-222-1520

Website: www.hopewdm.org

Mondays 6-8pm

Employee and Family Resources

Provides problem gambling services, including presentations on problem gambling warning signs, behaviors, and risks; Distribution of brochures, flyers, etc. at public forums; Consultation for development of policies that discourage and/or limit gambling activities; School-based presentation to improve decision-making and impulse control for youth; Alternative activities; Parent activities;

Referrals

505 Fifth Ave., Suite 600

Des Moines, IA 50309

Phone: 515-244-2297

Website: www.efr.org

United Community Services

Provides gambling addiction treatment

4908 Franklin Ave.

Des Moines, IA 50309
Phone: 515-280-3860
Website: <http://www.ucsonline.org>

Zion Recovery

Provides gambling intervention and screening
309 S 7th Street, Suite B

Adel, IA 5003
Phone: 515-993-5243
Website: www.zionrecovery.org

2812 1st Ave.
Perry, IA 50220
Phone: 515-465-9310

90 E. Hickman Rd.
Waukee, IA 50263
Phone: 515-987-0510

Addictions: Tobacco and Stop Smoking Resources

American Lung Association of Iowa

Provides information on lung health and tobacco cessation

2530 73rd Street
Des Moines, IA 50322
Phone: 515-309-9507
Website: www.lungia.org
www.tobaccofreepartnership.com

Quitline Iowa

Provides program for smoking cessation and education

Phone: 800-784-8669
Website: www.quitlineiowa.org

Aging: Assisted Living

Adel Assisted Living

Provides assisted living services

504 Van Fossen Dr.
Adel, IA 50003
Phone: 515-993-5175

Kennybrook Village

Provides independent living and assisted living services

SW Brookside Dr.
Grimes, IA 50111
Phone: 515-369-3900

Legacy Pointe

Provides a senior living community with assisted living

1650 SE Holiday Crest Circle
Waukee, IA 50263
Phone: 515-987-4100
Website: www.thevillage-legacypointe.com

Perry Lutheran Home

Provides assisted living and long-term care services
2323 Willis Avenue
Perry, IA 50220
Phone: 515-465-5342
Website: www.perrylutheranhome.org

Rowley Memorial Masonic Retirement Home

Provides independent housing, assisted living, and long-term care services
3000 E. Willis Ave
Perry, IA 50220
Phone: 515-465-5316
Website: www.rowleymasonichome.org

Spring Valley Retirement Community

Provides assisted living, independent living, and a memory care wing
501 12th Street
Perry, IA 50220
Phone: 515-465-7500
Website: <http://www.springvalleyassistedliving.org>

Spurgeon Manor

Provides independent living, assisted living, and long-term care services
1204 Linden Street
Dallas Center, IA 50063
Phone: 515-992-3735
Website: <http://www.spurgeonmanor.com>

Aging: Basic Needs

Aging Advocates Case Management

Provides elderly waiver case management
1100 North Hickory Blvd, Suite 107
Pleasant Hill, IA 50327
Phone: 515-244-3070
Website: www.agingadvocates.org
Email: clericalstaff@agingadvocates.org

Aging Resources of Central Iowa

Provides information and assistance for age 60 and over including senior housing and nursing home lists. Services also include elderly waiver case management and a family caregiver program, which includes consultation and assistance for caregivers.
5835 Grand Ave., Suite 106
Des Moines, IA 50312
Phone: 515-255-1310
Toll-Free: 800-747-5352
Website: www.agingresources.com

Alzheimer's Association Greater Iowa Chapter

Services provided include: support groups, care consultation, advocacy, education and training, and medic alert/safe return +

1730 28th Street
West Des Moines, IA 50266
Phone: 515-440-2722
24-Hour Helpline: 800-272-3900
Website: www.alz.org/greateriowa

At-Home Care Company

Services provided include: housekeeping, personal care, errands/escorts, and home and lawn upkeep.

112 Colorado Ave, Suite 111
Ames, IA 50014
Phone: 515-292-2650
Website: www.athomecareco.com

1513 N Ankeny Blvd, Suite 4
Ankeny, IA 50021
Phone: 515-963-4410

Care Consultants for the Aging

Refers private pay caregivers including companions, aides, and nurses

1001 Office Park Road
West Des Moines, IA 50265
Phone: 515-221-1195
Website: www.careconsultants.com

Dallas County Public Health Nursing

Services include: home health nurses, aides, and therapists; immunizations, and public health education

902 Court Street
Adel, IA 50003
Phone: 515-993-3750
Website: <http://www.co.dallas.ia.us/index.aspx?page=161>

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Dallas County Veteran's Affairs

Services include: pensions, schooling, housing, referrals to VA Hospital and Veteran's homes, and transportation & emergency temporary needs

902 Court Street
Adel, IA 50003
Phone: 515-993-5809
Website: <http://www.co.dallas.ia.us/department-services/veterans-affairs>

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
Toll-Free: 800-397-3232
Website: www.dhs.state.ia.us/
Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Emergency Response Systems

Below are agencies/companies in the area who offer emergency response systems:

**Medicare does NOT cover the cost of these systems

ADT Home Health Security Services
6200 Thornton Ave #140
Des Moines, IA 50321
Phone: 515-442-0047
Website: www.adt.com

Alert1 Medical Alert Systems
Phone: 888-693-5433
Website: www.alert-1.com

Apria Alert
4351 NW Urbandale Drive
Urbandale, IA 50322
Phone: 515-252-0577
Website: www.apriadirect.com/apria-alert

Comfort Keepers
1300 Metro E Dr #128
Pleasant Hill, IA 50317
Phone: 515-243-0011
Website: <http://pleasanthill-256.comfortkeepers.com>

Lifeline Services
11333 Aurora Avenue
Urbandale, IA 50322
Phone: 515-557-3167

Mercy Lifeline
1111 6th Avenue
Des Moines, IA 50314
Phone: 515-247-3233
Website: www.mercydesmoines.org

Midwest Ambulance-Midwest Voice of Help
2535 106th Street
Des Moines, IA 50322
Phone: 515-252-1721 ext. 24

Food Supplement Program (Commodities)

Supplemental foods for persons 60 years of age or older meeting eligibility guidelines

**Food distributed on the 3rd Thursday of every month to Perry, Adel, Dallas Center and Waukee

2309 Euclid Ave
Des Moines, IA 50310
Phone: 515-286-3655 (Sign up and Delivery Schedule)
515-993-4531 (For HomeCare Services to deliver)

HomeCare Services Inc.

Available services include: transportation via HIRTA, home delivered meals (Meals on Wheels), congregate meals, homecare aides, chore services, consumer directed attendant care, and respite care.

101 N. 9th Street
Adel, IA 50003
Phone: 515-993-4531
Perry number: 515-465-2300
Granger number: 515-999-2216
Website: www.homecareadel.dreamhosters.com

Iowa Department for the Blind

Provides education, information and resources

524 Fourth Street
Des Moines, IA 50309
Phone: 515-281-1333
Toll-Free: 800-362-2587
Website: www.idbonline.org

Iowa Department of Elder Affairs/ Iowa Department on Aging

Provides information on aging and advocacy

Jessie M. Parker Building
510 E. 12th Street, Suite 2
Des Moines, IA 50319
Phone: 515-725-3333
Toll-Free: 800-532-3213
Website: www.iowaaging.gov

Iowa Department of Transportation

Services include: issuance of disability license plates and placards

Office of Vehicle Services

Iowa DOT

6310 SE Convenience Blvd.

Ankeny, IA 50021

Phone: 515-237-3110

Website: <http://www.iowadot.gov/mvd/ovs/disabled.htm>

Iowa Legal Aid

Provides legal resources and information and referrals to legal aid for financially eligible persons

1111 9th Street, Suite 230

Des Moines, IA 50314

Phone: 515-243-1193

Toll-free: 800-532-1275

800-992-8161 (Hotline for older Iowans)

800-272-0008 (En Español)

Website: www.iowalegalaid.org

Joy Ride Transport, LLC

Provides 24/7 Non-Emergency Transportation

3000 Justin Dr.

Urbandale, IA 50322

Phone: 515-331-1100

Website: www.ridejoyride.com

Medicaid Waiver Programs

Provides a variety of in-home and community based services to qualifying persons with significant needs; waiver programs include: health & disability, frail elderly, intellectual disability, brain injury, physical disability, AIDS/HIV.

210 N.10th Street

Adel, IA 50003

Phone: 515-993-5817 (Department of Human Services)

Toll-free: 800-397-3232

Website: www.ime.state.ia.us/HCBS/help_ownhome.html

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Medicare

Provides medical benefits for qualifying retired and disabled persons

Phone: 800-633-4227

Website: www.medicare.gov

SHIIP (Senior Health Insurance Information Program)

Provides information to help seniors (55 years and older) make informed decisions about Medicare and other health insurance coverage

601 Locust Street 4th Floor
Des Moines, IA 50309
Phone: 800-351-4664
TTY: 800-735-2942
Website: <http://www.shiip.state.ia.us>
Email: shiip@iid.iowa.gov

Sisters Transportation

Provides transportation services
110 5th Street, Suite A
West Des Moines, IA 50265
Phone: 515-277-6096

Social Security Administration

Services include: retirement and survivor benefits, supplemental security income, disability benefits and social security cards

2615 University Blvd.
Ames, IA 50110
Phone: 866-899-1928
Website: www.socialsecurity.gov

455 SW 5th Street, Suite F
Des Moines, IA 50309
Phone: 800-772-1213

Thomas Place at Waukee

Provides affordable independent apartments
60 SE Brick Dr.
Waukee, IA 50236
Phone: 515-216-1029
Website: www.thomasplaceseniorapartments.com/Waukee.html

Aging: Governmental Agencies

Aging Advocates Case Management

Provides elderly waiver case management with an in-take team for assessments
1100 North Hickory Blvd, Suite 107
Pleasant Hill, IA 50327
Phone: 515-244-3070
Website: www.agingadvocates.org
Email: clericalstaff@agingadvocates.org

Child & Dependent Adult Abuse Reporting (Department of Human Services)

Hotline to report abuse of children or dependent adults
210 N. 10th Street
Adel, IA 50003
Phone: 800-362-2178
Website: www.dhs.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Dallas County Public Health Nursing

Services include: home health nurses, aides, and therapists; immunizations, and public health education

902 Court Street
Adel, IA 50003
Phone: 515-993-3750
Website: <http://www.co.dallas.ia.us/index.aspx?page=161>

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Dallas County Veteran's Affairs

Services include: pensions, schooling, housing, referrals to VA Hospital and Veteran's homes, and transportation & emergency temporary needs

902 Court Street
Adel, IA 50003
Phone: 515-993-5809
Website: <http://www.co.dallas.ia.us/department-services/veterans-affairs>

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
Toll-Free: 800-397-3232
Website: www.dhs.state.ia.us/
Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Inspections & Appeals

Provides information to assist in the selection of long term care facilities and investigates complaints alleging improper care or treatment of patients/residents

Health Facilities Division
Lucas State Office Building
321 E. 12th Street
Des Moines, IA 50319
Phone: 515-281-4115
Website: www.dia.iowa.gov/

Iowa Department for the Blind

Provides education, information and resources

524 Fourth Street
Des Moines, IA 50309
Phone: 515-281-1333
Toll-Free: 800-362-2587
Website: www.idbonline.org

Iowa Department of Elder Affairs/ Iowa Department on Aging

Provides information on aging and advocacy

Jessie M. Parker Building
510 E. 12th Street, Suite 2
Des Moines, IA 50319
Phone: 515-725-3333
Toll-Free: 800-532-3213
Website: www.iowaaging.gov

Iowa Department of Transportation

Services include: issuance of disability license plates and placards

Office of Vehicle Services
Iowa DOT
6310 SE Convenience Blvd.
Ankeny, IA 50021
Phone: 515-237-3110
Website: <http://www.iowadot.gov/mvd/ovs/disabled.htm>

Iowa Legal Aid

Provides legal resources and information and referrals to legal aid for financially eligible persons

1111 9th Street, Suite 230
Des Moines, IA 50314
Phone: 515-243-1193
Toll-free: 800-532-1275
800-992-8161 (Hotline for older Iowans)
800-272-0008 (En Español)
Website: www.iowalegalaid.org

Medicaid Waiver Programs

Provides a variety of in-home and community based services to qualifying persons with significant needs; waiver programs include: health & disability, frail elderly, intellectual disability, brain injury, physical disability, AIDS/HIV.

210 N.10th Street

Adel, IA 50003

Phone: 515-993-5817 (Department of Human Services)

Toll-free: 800-397-3232

Website: www.ime.state.ia.us/HCBS/help_ownhome.html

Medicare

Provides medical benefits for qualifying retired and disabled persons

Phone: 800-633-4227

Website: www.medicare.gov

SHIP (Senior Health Insurance Information Program)

Provides information to help seniors make informed decisions about Medicare and other health insurance coverage

601 Locust Street 4th Floor

Des Moines, IA 50309

Phone: 800-351-4664

TTY: 800-735-2942

Website: <http://www.shiip.state.ia.us>

Email: shiip@iid.iowa.gov

Social Security Administration

Services include: retirement and survivor benefits, supplemental security income, disability benefits and social security cards

2615 University Blvd.

Ames, IA 50110

Phone: 866-899-1928

Website: www.socialsecurity.gov

455 SW 5th Street, Suite F

Des Moines, IA 50309

Phone: 800-772-1213

Aging: In-Home Care Providers

Dallas County Public Health Nursing

Services include: home health nurses, aides, and therapists; immunizations, and public health education

902 Court Street

Adel, IA 50003

Phone: 515-993-3750

Website: <http://www.co.dallas.ia.us/index.aspx?page=161>

**New address as of November 1, 2015

Human Service Campus
25747 North Ave.
Adel, IA 50003

Home Instead

Services include: in-home companion, helper and personal care services, respite, consumer directed attendant care, and supported community living

215 N. Warrior Lane, Suite B
Waukee, IA 50263
Phone: 515-978-7991
Website: www.homeinstead.com

Medicaid Waiver Programs

Provides a variety of in-home and community based services to qualifying persons with significant needs; waiver programs include: health & disability, frail elderly, intellectual disability, brain injury, physical disability, AIDS/HIV.

210 N.10th Street
Adel, IA 50003
Phone: 515-993-5817 (Department of Human Services)
Toll-free: 800-397-3232
Website: www.ime.state.ia.us/HCBS/help_ownhome.html

**New address as of November 1, 2015

Human Service Campus
25747 North Ave.
Adel, IA 50003

Aging: Nursing Homes/Long-term Care

Adel Acres

Services include: long-term care and skilled nursing

1919 Greene Street
Adel, IA 50003
Phone: 515-993-4511

Granger Nursing and Rehabilitation

Services include: nursing and rehabilitation care

2001 Kennedy Street
Granger, IA 50109
Phone: 515-999-2588

Kennybrook Village

Provides independent living and assisted living services

SW Brookside Dr.
Grimes, IA 50111
Phone: 515-369-3900

Perry Health Care Center

Services include: long-term care and skilled nursing
2625 Iowa Street
Perry, IA 50220
Phone: 515-465-5349

Perry Lutheran Home

Provides assisted living and long-term care services
2323 Willis Avenue
Perry, IA 50220
Phone: 515-465-5342
Website: www.perrylutheranhome.org

Rowley Memorial Masonic Retirement Home

Provides independent housing, assisted living, and long-term care services
3000 E. Willis Ave
Perry, IA 50220
Phone: 515-465-5316
Website: www.rowleymasonichome.org

Spurgeon Manor

Provides independent living, assisted living, and long-term care services
1204 Linden Street
Dallas Center, IA 50063
Phone: 515-992-3735
Website: <http://www.spurgeonmanor.com>

Assistive Devices

Assistive Technology Legal Project

Helps resolve funding questions and provides legal advocacy services for problems acquiring assistive or adapted devices.

**limited to specific questions about barriers to getting adapted devices

Center for Disabilities & Development
100 Hawkins Drive, Suite 295
Iowa City, IA 52242
Phone: 319-353-6900
Toll-free: 800-779-2001
TTY: 877-686-0032
Website: www.iowacompass.org/assistivetechology.htm

Assistive Technology News

This website provides information and current news concerning assistive technology or adapted equipment

**Subscribe to their email distribution list online

Website: <http://www.atechnews.com>

Cedar Valley Mobility

Services include: automobile/van adaptations; installs and services assistive technology equipment including augmented communication devices, scooters, platform lifts, van lifts, hospital beds, stair lifts, driving aides, wheelchairs and recreational devices; rents mobility products

8832 Swanson Blvd., Suite L

Clive, IA 50325

Phone: 515-440-6641

Toll-free: 800-529-8734

Website: www.mobilitystore.com

Childserve Center—Johnston

Services include: Adaptive Equipment Grants Program, which provides grants for adaptive equipment and services to children with special health care needs.

**Adaptive Equipment Grants Program must: be used as a resource of last resort; only receive one adaptive equipment grant within a 12 month period; be able to contribute to the cost of the equipment based on family income; be a resident of Dallas, Polk, or Warren counties; be able to live independently or live at home with their family; meet the criteria for a developmental disability

** Adaptive Equipment Grants Program: cannot reimburse for past purchases; cannot supplement funding of equipment covered and reimbursed by Medicaid for the purpose of upgrading to a model with more features

5406 Merle Hay Road

Johnston, IA 50131

Phone: 515-727-8750

TTY (Local) 515-270-0970

Website: www.childserve.org

Disability Resource Library—Assistive Technology Loan Closet

This program provides various computer software, hardware, and augmentative communication devices for loan to Iowans with disabilities, their families or service providers.

100 Hawkins Drive, Room 311

Iowa City, IA 52242

Phone: 800-272-7713

Website: www.healthcare.uiowa.edu/cdd/multiple/drl/drl.asp

Disabled Children's Relief Fund

Provides disabled children with financial assistance to obtain wheelchairs, orthopedic braces, walkers, lifts, hearing aids, eyeglasses, medical equipment, physical therapy, and surgery. Awards will be granted at convenient intervals throughout the year. Applicants are encouraged to submit the most competitive and reasonable request by attaching more than one cost estimate from vendors or manufacturers. Preference is given to families with no health insurance and applications that benefit physically challenged children in need or prosthetic and other assistive devices. Grants typically range from \$25-\$200

** Eligibility: Must be 18 or younger and have a disability.

**Limitations: Cannot provide grants to purchase computers

**Application process: contact the program by mail or telephone or visit the web link:

www.dcrf.com/ordereze/files. Grant requests can be submitted between April and September.

Applications may be submitted by families or by a non-profit organization for a small group of children.

402 Pennsylvania Ave

Freeport, NY 11520
Phone: 516-377-1605
Website: www.dcrf.com

Early Access Iowa—Central Directory & Referral Facilitator Office

Program identifies needed services, resources and equipment for infants and toddlers to grow and develop through screenings, evaluations, and assessments; coordinates and provides those needed services, resources and equipment—every family receiving services should have a Family Service Coordinator who assists the family in finding and financing needed services, resources and equipment. All services to the child are provided in the child's natural environment; individualized family service plan development—an IFSP is the document that lists all services, resources and equipment needed by the child.

**Early Access is a partnership between families and the following providers: local public health, human services, child health specialty clinics, and area education agencies

** Eligibility: Must be a child age birth through age 2 and either have a 25% delay in one or more areas of development or have a known condition that has a high probability of resulting in a later delay in development.

Heartland AEA 11
6500 Corporate Drive
Johnston, IA 50138
Phone: 515-270-9030 ext. 14353
Toll-free: 800-362-2720
Website: www.iafamilysupportnetwork.org/providers

Easter Seals—Assistive Technology Center

This program provides used assistive technology and used medical equipment for Iowans with disabilities. Used equipment is provided on a loan basis for the entire period of need as long as the user does not reside in a licensed facility. Loan items include: wheelchairs, walkers, crutches, hospital beds, shower seats and more

**Families, counselors, and schools may check out a piece of equipment for 30 days to try it out

401 NE 66th Ave
Des Moines, IA 50313
Phone: 515-309-2395
TTY: 515-289-4069
Website: www.easterseals.com/ia/our-programs/assistive-technology-center/

Emergency Response Systems

Below are agencies/companies in the area who offer emergency response systems:

**Medicare does NOT cover the cost of these systems

ADT Home Health Security Services
6200 Thornton Ave #140
Des Moines, IA 50321
Phone: 515-442-0047
Website: www.adt.com

Apria Alert
4351 NW Urbandale Drive
Urbandale, IA 50322
Phone: 515-252-0577
Website: www.apriadirect.com/apria-alert

Alert1 Medical Alert Systems
Phone: 888-693-5433
Website: www.alert-1.com

Comfort Keepers
1300 Metro E Dr #128

Pleasant Hill, IA 50317
Phone: 515-243-0011
Website: <http://pleasanthill-256.comfortkeepers.com>

Lifeline Services
11333 Aurora Avenue
Urbandale, IA 50322
Phone: 515-557-3167

Mercy Lifeline
1111 6th Avenue
Des Moines, IA 50314
Phone: 515-247-3233
Website: www.mercydesmoines.org

Midwest Ambulance—Midwest Voice of Help
2535 106th Street
Des Moines, IA 50322
Phone: 515-252-1721 ext. 24

Eddie Davis Community Center—Loan Closet

Provides an assistive technology loan closet. The community donates various items to the center and the center gives it to those in need. Items include wheelchairs.

1312 Maple Street
West Des Moines, IA 50265
Phone: 515-277-1103
(After hours and emergency): 515-225-6062
Website: www.eddiedaviscenter.org

Finding Local Assistive Technology Device Loan Programs

This is a free, online tip sheet about finding local assistive technology device loan programs

Website: www.iowacompass.org/loanclosettipsheet.htm

Iowa Able Foundation

Loans are available to qualified individuals with disabilities, parents or guardians caring for individuals with disabilities, or older Iowans. Loans may be used for the purchase of assistive technology including: home modifications, vehicle modifications, home repairs, business start-up and expansion costs.

**Eligibility: intended for individuals with disabilities, parents or guardians caring for individuals with disabilities, and older Iowans who can benefit from assistive technology. Applications are available online and may be filed electronically or printed and mailed.

**Current interest rates are published on the website

307 N 13th, Suite 500
Centerville, IA 52544
Phone: 641-856-2173
Toll-free: 888-222-8943
Website: www.iowable.org

Iowa Program for Assistive Technology

This program collaborates on projects and provides expertise, information, training and awareness on assistive technology. Iowa Program for Assistive Technology works with a variety of organizations to support the following the programs: Easter Seals-device demonstration and device reutilization; Iowa COMPASS-information and referral about assistive technology and used equipment referral source; Assistive Technology Legal Project-advocacy; Iowa Able/Abilities Fund-low interest loans; Center for Disabilities and Development Disability Resource Library-device loan program

100 Hawkins Drive, Room S295
Iowa City, IA 52242
Phone: 319-356-0550
Toll-free: 800-779-2001
TTY: 877-686-0032
Website: www.iowaat.org

Tips for Appealing a Funding Denial

This is a free, online tip sheet about next steps for individuals who were denied funding for assistive technology or home modifications.

100 Hawkins Drive, Room S295
Iowa City, IA 52242
Phone: 319-356-0550
Toll-free: 800-779-2001
TTY: 877-686-0032
Website: www.iowacompass.org/ATlegaladvocacy.htm

Wheels for the World-Iowa

**Accepts donations only, does not loan in United States

Wheels for the World accepts donations of manual wheelchairs, aluminum crutches, aluminum canes, and folding aluminum walkers ONLY. The equipment is restored if needed and dispersed overseas to individuals with disabilities in developing countries.

**This program DOES NOT loan equipment to people in Iowa; it only accepts donations. They will pick up donations from people in Iowa; representatives can arrange to pick up equipment almost anywhere in the state.

803 Winterberry Place NE
Cedar Rapids, IA 52402
Phone: 319-743-3083 (Jan)
319-337-9318 (Patsy)
Website: www.joniandfriends.org/pg_wheelchair.php

Basic Needs: Clothing Assistance

Adel

Services include: children's clothing
Adel First Christian Church
218 North 9th Street
Adel, Iowa 50003
Phone: 515-993-3798 (Bonita)
515-993-4049 (Della)
515-993-4063 (Mary)

Des Moines

Programs/services include: emergency funding for rent, food and clothing
Salvation Army
1326 6th Ave.
Des Moines, IA 50314
Phone: 515-282-3422

Website: www.salvationarmy-desmoines.org

Street Vincent De Paul
1426 6th Ave.
Des Moines, IA 50314
Phone: 515-282-8327
**serves Dallas County residents

Perry

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

New Opportunities
2810 First Street
Perry, IA 50220
Phone: 515-465-5185 (Family Development Center in Perry)
Toll-Free: 800-642-6330
Website: www.newopp.org

Services include: Clothes Closet every Saturday—clothing, shoes, and bedding are the main items available

First Christian Church Clothes Closet
1224 Lucinda
Perry, IA 50220
Phone: 515-465-2215

Waukee

Services include: affordable clothing, furniture and home furnishings

Goodwill
180 S.E. Laurel Street
Waukee, IA 50263
Phone: 515-987-1131
Website: www.dmgoodwill.org

Basic Needs: Farmers Markets

Adel Farmers Market

Harbey's Greenhouse
611 Nile Kinnick Dr. S.
Adel, IA
June-August
Tuesdays, 4:00 P.M.-7:00 P.M.

June-September
Fridays, 4:00 P.M.-7:00 P.M.

Beaverdale Farmers Market

3422 Beaver Ave
Des Moines, IA
June-September
Tuesdays, 4:30 P.M.-7:30 P.M.

Dallas Center Farmers Market

1502 Walnut Street
Dallas Center, IA

Grimes Farmers Market

410 SE Main Street
Grimes, IA
May-September
Thursdays, 5:00 P.M.-7:00 P.M.

Thursdays, 5:00 P.M.-7:00 P.M.

Waukee Downtown Farmers Market

Waukee Downtown Triangle (6th street,
south of Hwy. 6)
Waukee, IA
June-September
Wednesdays, 4:00 P.M.-7:00 P.M.

Perry Farmers Market

1st and Willis at Caboose parking lot
Perry, IA
June-September
Thursdays, 4:00 P.M.-6:00 P.M.

West Des Moines Farmers Market

Fifth Street and Railroad Park
West Des Moines, IA
May-October
Thursdays, 4:00 P.M.-8:00 P.M.

Redfield Farmers Market

City Park
Redfield, IA
May-October
Thursdays, 4:30 P.M.-6:00 P.M.

Woodward Farmers Market

2nd and Main (Old Casey's on South
Main)
Woodward, IA
May-September
Tuesdays, 4:00 P.M.-6:00 P.M.

Van Meter Farmers Market

Grant Street
Van Meter, IA
June-October

Basic Needs: Financial Assistance Services

Crisis Intervention & Advocacy Center

Services include: services for those experiencing domestic violence and/or sexual assault; homelessness prevention/housing; Addiction support group for women (W.E.A.L. Women Ending Addiction for Life); abuse and violence prevention education programming for a variety of ages

911 Court Street
Adel, IA 50003
Phone: 515-993-4095

Dallas County General Assistance

Financial assistance may be available for eligible individuals for the following expenses: emergency food, shelter, utilities, medical services and burial

902 Court Street, Suite 1
Adel, IA 50003
Phone: 515-993-5869
Website: www.co.dallas.ia.us

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Dallas County Veteran's Affairs

Services include: pensions, schooling, housing, referrals to VA Hospital and Veteran's homes, and transportation & emergency temporary needs

902 Court Street

Adel, IA 50003

Phone: 515-993-5809

Website: <http://www.co.dallas.ia.us/departments-services/veterans-affairs>

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street

Adel, IA 50003

Phone: 515-993-5817

Toll-Free: 800-397-3232

Website: www.dhs.state.ia.us/

Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Iowa Aftercare-Services Network

Programs/services include: housing, food expenses, medical expenses, counseling, education expenses, and transportation assistance

**for those 18-21 who have formerly been in foster care

Youth & Shelter Services

Richard O. Jacobson Family Life Center

125 S. Third Street

Ames, IA 50010

Phone: Kelli Noveshen

515-233-2250 ext. 4562

Toll-free: 800-443-8336

Website: www.iowaaftercare.org

New Opportunities

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

2810 First Street
Perry, IA 50220
Phone: 515-465-5185 (Family Development Center in Perry)
Toll-Free: 800-642-6330
Website: www.newopp.org

Salvation Army

Programs/services include: emergency funding for rent, food and clothing
1326 6th Ave.
Des Moines, IA 50314
Phone: 515-282-3422
Website: www.salvationarmy-desmoines.org

Social Security Administration

Services include: retirement and survivor benefits, supplemental security income, disability benefits and social security cards
2615 University Blvd.
Ames, IA 50110
Phone: 866-899-1928
Website: www.socialsecurity.gov
455 SW 5th Street, Suite F
Des Moines, IA 50309
Phone: 800-772-1213

Street Vincent De Paul

Programs/services include: emergency funds available for rent, food, and clothing
**serves Dallas County residents
1426 6th Ave.
Des Moines, IA 50314
Phone: 515-282-8327

USDA Rural Development Area 6 (Housing)

Programs and services include: rural rental assistance; home improvement rural housing loans and grants; home ownership rural housing loans
909 E 2nd Ave., Suite C
Indianola, IA 50125
Phone: 515-961-7473
Toll-free: 800-670-6553
Website: www.rd.usda.gov/about-rd/agencies/rural-housing-service

Basic Needs: Food Assistance

Adel Methodist-Good Samaritan Food Pantry

Food pantry serves Van Meter, Adel, Desoto, and Minburn. Hours: 12:00pm to 2:00pm Monday & Wednesday

**If the ADM Schools are closed due to inclement weather, the Food Pantry will be also

United Methodist Church
115 South 10th Street
Adel, IA 50003

Phone: 515-423-0753 (Outreach)
515-993-3791 (Church)
Website: www.adelfoodpantry.com

Angel Food Ministries—Bouton

A monthly low cost food program dedicated to helping families stretch their food dollar. Angel Food's mission is to reach out to anyone in need of quality food items at reasonable prices. This program has no application or qualifiers on who may participate.

** The program is open to everyone

Christ Lutheran Church
22952 141st Dr
Bouton, IA 50039
Phone: 515-676-2289
Website: www.angelfoodministries.com

**For current menus and order forms go to site and search for Bouton, IA host site

Dallas County General Assistance

Financial assistance may be available for eligible individuals for the following expenses: emergency food, shelter, utilities, medical services and burial

902 Court Street, Suite 1
Adel, IA 50003
Phone: 515-993-5869
Website: www.co.dallas.ia.us

**New address as of November 1, 2015

Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services (Food Assistance)

Programs/services include: SNAP-Supplemental Nutrition Assistance Program (formerly known as food stamps)

210 N 10th Street
Adel, IA 50003
Phone: 515-993-5817
Website: www.oasis.iowa.gov

**New address as of November 1, 2015

Human Service Campus
25747 North Ave.
Adel, IA 50003

Food Supplement Program (Commodities)

Supplemental foods for persons 60 years of age or older meeting eligibility guidelines

** Food distributed on the 3rd Thursday of every month to Perry, Adel, Dallas Center and Waukee

2309 Euclid Ave
Des Moines, IA 50310
Phone: 515-286-3655 (Sign up and Delivery Schedule)
515-993-4531 (For HomeCare Services to deliver)

HomeCare Services Inc.

Available services include: transportation via HIRTA, home delivered meals (Meals on Wheels), congregate meals, homemaker aides, chore services, consumer directed attendant care, and respite care.

101 N. 9th Street
Adel, IA 50003
Phone: 515-993-4531
Perry number: 515-465-2300
Granger number: 515-999-2216
Website: www.homecareadel.dreamhosters.com

Iowa Aftercare-Services Network

Programs/services include: housing, food expenses, medical expenses, counseling, education expenses, and transportation assistance

**for those 18-21 who have formerly been in foster care

Youth & Shelter Services
Richard O. Jacobson Family Life Center
125 S. Third Street
Ames, IA 50010
Phone (Kelli Noveshen): 515-233-2250 ext. 4562
Toll-free: 800-443-8336
Website: www.iowaaftercare.org

New Opportunities

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

2810 First Street
Perry, IA 50220
Phone: 515-465-5185 (Family Development Center in Perry)
Toll-Free: 800-642-6330
Website: www.newopp.org

Rural Neighbors Food Pantry (Dexter)

Services include: food bank for residents of Dexter and surrounding area, very limited utility assistance for residents of Dexter

Presbyterian Church United
823 State Street
Dexter, IA 50070
Phone: 515-789-4538 (Linda)
515-789-4587 (Doris)

Salvation Army

Programs/services include: emergency funding for rent, food and clothing
1326 6th Ave.

Des Moines, IA 50314
Phone: 515-282-3422
Website: www.salvationarmy-desmoines.org

SHARE Food Distribution—Redfield

Services include: monthly food package for fee and volunteer hours

City Hall
808 1st Street
Redfield, IA
Phone: 515-833-2512
Website: www.shareiowa.com

Street Joseph Emergency Family Shelter

Services include: private rooms for families and laundry facilities, a family advocate on staff to assist guests in returning to self-sufficiency, all meals, infant and personal hygiene items included, donated furniture and household items available for guests moving into permanent housing, and referrals to community resources and assistance

1535 11th Street
Des Moines, IA 50314
Phone: 515-282-1235
Website: www.dmdiocese.org/st-joseph-emergency-family-shelter.cfm

Street Vincent De Paul

Programs/services include: emergency funds available for rent, food, and clothing

**serves Dallas County residents

1426 6th Ave.
Des Moines, IA 50314
Phone: 515-282-8327

Waukee Christian Area Services Food Bank

Programs/Services include: Food pantry for those living in Waukee school district (Monday 4-6pm; Thursday 9-11am) Angel Food ministries (monthly food package for a fee)

Westview Church
1155 Boone Dr.
Waukee, IA 50263
Phone: 515-321-5523
Website: www.waukeechristianservices.org/Food_Pantry.html

Woodward "Food bank"

Programs/services include: vouchers provided to the local grocery store, one voucher per month (maximum of 6 times per year), serves Woodward-Granger school district boundaries, need address printed on something if first time user

118 South Main Street
Woodward, IA 50276
Phone: 515-438-2636

Basic Needs: Help Lines

Crisis Intervention & Advocacy Center

Services include: services for those experiencing domestic violence and/or sexual assault; homelessness prevention/housing; Addiction support group for women (W.E.A.L. Women Ending Addiction for Life); abuse and violence prevention education programming for a variety of ages

911 Court Street

Adel, IA 50003

Phone: 515-993-4095

Emergency Interpretation

The Iowa International Center offers free interpretation services for emergency situations. These services are offered for limited English proficient (LEP) individuals facing a serious threat to life or well-being, and are accessible 24 hours a day, seven days a week. Accepts calls from hospitals, domestic violence shelters and other social service providers when they determine that language is a barrier to providing appropriate services.

319 7th Street, Ste. 200

Des Moines, IA 50309

Phone: 515-282-8269, option 5, and use code 7092

Basic Needs: Housing Assistance

Central Iowa Regional Housing Authority (CIRHA)

Programs and services include: housing assistance in the form of Section 8 vouchers and subsidized housing units; security deposit assistance programs to help pay rental and utility deposits

1201 Gateway Dr.

Grimes, IA 50111

Phone: 515-986-1882

Website: www.cirhahome.org

Crisis Intervention & Advocacy Center

Services include: services for those experiencing domestic violence and/or sexual assault; homelessness prevention/housing; Addiction support group for women (W.E.A.L. Women Ending Addiction for Life); abuse and violence prevention education programming for a variety of ages

911 Court Street

Adel, IA 50003

Phone: 515-993-4095

Dallas County General Assistance

Financial assistance may be available for eligible individuals for the following expenses: emergency food, shelter, utilities, medical services and burial

902 Court Street, Suite 1

Adel, IA 50003

Phone: 515-993-5869

Website: www.co.dallas.ia.us

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.
Adel, IA 50003

Dallas County Veteran's Affairs

Services include: pensions, schooling, housing, referrals to VA Hospital and Veteran's homes, and transportation & emergency temporary needs

902 Court Street

Adel, IA 50003

Phone: 515-993-5809

Website: <http://www.co.dallas.ia.us/department-services/veterans-affairs>

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Dallas County Local Housing Trust Fund

Assists homeowners with housing repairs; Rehab Program

4200 Mills Civic Pkwy., Suite D

West Des Moines, IA 50265

Phone: 515-273-0770

Firewood Helper

Donated firewood that has been cut and split available for families in need to heat their house. May pick up or arrange for delivery

3340 Ashworth Rd.

Waukee, IA 50263

Phone: 515-978-1456

Website: www.facebook.com/FirewoodHelper

Iowa Aftercare-Services Network

Programs/services include: housing, food expenses, medical expenses, counseling, education expenses, and transportation assistance

**for those 18-21 who have formerly been in foster care

Youth & Shelter Services

Richard O. Jacobson Family Life Center

125 S. Third Street

Ames, IA 50010

Phone: Kelli Noveshen

515-233-2250 ext. 4562

Toll-free: 800-443-8336

Website: www.iowaaftercare.org

Iowa Finance Authority (Housing Assistance)

Programs and services offered: financial assistance for renters-aging out of the foster care system, on home and community based services (HCBS) Medicaid waivers; assistance for home purchase-1st time homeowners program, military services members

2015 Grand Ave.

Des Moines, IA 50312

Phone: 515-725-4900
Toll-free: 800-432-7230
Website: www.iowafinanceauthority.gov/

Iowa Housing Search

FREE Rental-housing locator

<http://www.socialserve.com/tenant/IA/index.html?ch=IA>

Region XII Council of Governments (Housing Programs)

Programs and services include: funding for home repairs; down payment assistance for home purchase

**Services available to Perry, Redfield and Linden for low to moderate income residents

1009 E. Anthony Street

Carroll, IA 51401

Phone: 712-792-9914

Website: www.region12cog.org/local_assistance/housing.asp

Street Joseph Emergency Family Shelter

Services include: private rooms for families and laundry facilities, a family advocate on staff to assist guests in returning to self-sufficiency, all meals, infant and personal hygiene items included, donated furniture and household items available for guests moving into permanent housing, and referrals to community resources and assistance

1535 11th Street

Des Moines, IA 50314

Phone: 515-282-1235

Website: www.dmdiocese.org/st-joseph-emergency-family-shelter.cfm

Street Vincent De Paul

Programs/services include: emergency funds available for rent, food, and clothing

**serves Dallas County residents

1426 6th Ave.

Des Moines, IA 50314

Phone: 515-282-8327

USDA Rural Development Area 6 (Housing)

Programs and services include: rural rental assistance; home improvement rural housing loans and grants; home ownership rural housing loans

909 E 2nd Ave., Suite C

Indianola, IA 50125

Phone: 515-961-7473

Toll-free: 800-670-6553

Website: www.rd.usda.gov/about-rd/agencies/rural-housing-service

Basic Needs: Medical Services/Crisis Intervention

Crisis Intervention & Advocacy Center

Services include: services for those experiencing domestic violence and/or sexual assault; homelessness prevention/housing; Addiction support group for women (W.E.A.L. Women Ending Addiction for Life); abuse and violence prevention education programming for a variety of ages

911 Court Street
Adel, IA 50003
Phone: 515-993-4095

Dallas County General Assistance

Financial assistance may be available for eligible individuals for the following expenses: emergency food, shelter, utilities, medical services and burial

902 Court Street, Suite 1
Adel, IA 50003
Phone: 515-993-5869
Website: www.co.dallas.ia.us

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Dallas County Veteran's Affairs

Services include: pensions, schooling, housing, referrals to VA Hospital and Veteran's homes, and transportation & emergency temporary needs

902 Court Street
Adel, IA 50003
Phone: 515-993-5809
Website: <http://www.co.dallas.ia.us/department-services/veterans-affairs>

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
Toll-Free: 800-397-3232
Website: www.dhs.state.ia.us/
Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

HomeCare Services Inc.

Available services include: transportation via HIRTA, home delivered meals (Meals on Wheels), congregate meals, homecare aides, chore services, consumer directed attendant care, and respite care.

101 N. 9th Street
Adel, IA 50003
Phone: 515-993-4531
Perry number: 515-465-2300
Granger number: 515-999-2216
Website: www.homecareadel.dreamhosters.com

Iowa Aftercare-Services Network

Programs/services include: housing, food expenses, medical expenses, counseling, education expenses, and transportation assistance

**for those 18-21 who have formerly been in foster care

Youth & Shelter Services
Richard O. Jacobson Family Life Center
125 S. Third Street
Ames, IA 50010
Phone (Kelli Noveshen):515-233-2250 ext. 4562
Toll-free: 800-443-8336
Website: www.iowaaftercare.org

New Opportunities

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

2810 First Street
Perry, IA 50220
Phone: 515-465-5185 (Family Development Center in Perry)
Toll-Free: 800-642-6330
Website: www.newopp.org

Basic Needs: Parenting Assistance Services

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
Toll-Free: 800-397-3232
Website: www.dhs.state.ia.us/
Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

New Opportunities

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

2810 First Street

Website: www.newopp.org

Perry, IA 50220

Phone: 515-465-5185 (Family Development Center in Perry)

Toll-Free: 800-642-6330

Basic Needs: Transportation Services

Dallas County Veteran's Affairs

Services include: pensions, schooling, housing, referrals to VA Hospital and Veteran's homes, and transportation & emergency temporary needs

902 Court Street

Adel, IA 50003

Phone: 515-993-5809

Website: <http://www.co.dallas.ia.us/department-services/veterans-affairs>

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Fraser Wheelchair Transportation-Fraser Ambulance

Transportation for disabled

4780 NE 3rd Street

Des Moines, IA 50313

Phone: 515-284-1111

Website: www.fraserambulance.com/services/wheelchair-transportation/

Grimes Volunteer Support Services

Transportation for Grimes community

404 SE Second Street

Grimes, Iowa 50111

Phone: 515-986-5355

Website: info@grimesVSS.com

HIRTA/Home Care Inc.

Public Transit available in Dallas County

101 N. 9th Street
Adel, IA 50003
Phone: 515-993-4531
Perry number: 515-465-2300
Granger number: 515-999-2216
Website: www.homecareadel.dreamhosters.com

Homestead Living

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, respite, transportation, and consumer directed attendant care

1625 Adventureland Dr.
Pleasant Hill, IA 50327
Phone: 515-967-4369
Website: www.thehomestead.org

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care

2823 43rd Street
Des Moines, IA 50310
Phone: 515-277-4673
Toll-free: 888-386-2795
Website: www.hope-agency.org

Iowa Aftercare-Services Network

Programs/services include: housing, food expenses, medical expenses, counseling, education expenses, and transportation assistance

**for those 18-21 who have formerly been in foster care

Youth & Shelter Services
Richard O. Jacobson Family Life Center
125 S. Third Street
Ames, IA 50010
Phone: Kelli Noveshen
515-233-2250 ext. 4562
Toll-free: 800-443-8336
Website: www.iowaaftercare.org

Joy Ride

Transportation for disabled
3000 Justin Drive, Suite A
Urbandale, Iowa 50322
Phone: 515-331-1100

Link Associates

Transportation Services
1452 29th Street
West Des Moines, IA 50265

Phone: 515-262-8888
Website: www.linkassociates.org

Lutheran Services in Iowa

Transportation Services
3116 University Ave.
Des Moines, IA 50311
Phone: 515-271-7411
Website: www.lsiowa.org

Mainstream Living

Transportation for disabled
2101 Lucinda
Perry, Iowa 50220
Phone: 515-465-8199

Midwest Ambucare

Transportation for disabled
2535 106th Street
Urbandale, IA 50322
Phone: 515-222-2222
Website: www.midwestambucare.com

Private Driver for Hire

Provides transportation in the communities of Adel, Waukee, West Des Moines, Urbandale, Windsor Heights, Clive, Dallas Center, Grimes
Phone: 515-402-5523

Sisters Transportation

Provides transportation services
110 5th Street, Suite A
West Des Moines, IA 50265
Phone: 515-277-6096

TMS Transportation

Medicaid recipient transportation to access non-emergency medical services
Phone: 866-572-7662

Trans Iowa

Disability accessible transportation services (Home and Community Based Services Waiver provider)
1550 East Army Post Road
Des Moines, IA 50320
515-263-0122
Website: www.transiowa.com

Basic Needs: Utilities Assistance

Central Iowa Regional Housing Authority (CIRHA)

Programs and services include: housing assistance in the form of Section 8 vouchers and subsidized housing units; security deposit assistance programs to help pay rental and utility deposits

1201 Gateway Dr.
Grimes, IA 50111
Phone: 515-986-1882
Website: www.cirhahome.org

Dallas County General Assistance

Financial assistance may be available for eligible individuals for the following expenses: emergency food, shelter, utilities, medical services and burial

902 Court Street, Suite 1
Adel, IA 50003
Phone: 515-993-5869
Website: www.co.dallas.ia.us

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

New Opportunities

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

2810 First Street
Perry, IA 50220
Phone: 515-465-5185 (Family Development Center in Perry)
Toll-Free: 800-642-6330
Website: www.newopp.org

Rural Neighbors Food Pantry (Dexter)

Services include: food bank for residents of Dexter and surrounding area, very limited utility assistance for residents of Dexter

Presbyterian Church United
823 State Street
Dexter, IA 50070
Phone: 515-789-4538 (Linda)
515-789-4587 (Doris)

Children and Family Services

1st Five/New Opportunities

Assists medical practitioners in linking children ages birth to 5 and their families to available community resources. Services are voluntary and free of charge

**Medicaid families may self-refer
23571 Hwy 30 E

PO Box 427
Carroll, IA 51401
Phone: 1-712-792-9266
1-800-642-6330
Website: www.idph.state.ia.us/1stfive/
www.newopp.org

4R Kids-Early Childhood Iowa

Dallas County resources for early childhood including preschool scholarships and family support programs

Website: <http://4rkids-eci.org/resources-parents-and-providers/dallas-county-resources>

Area Education Agency (Heartland AEA)

Assists parents with questions/concerns regarding their child's development

602 Visions Pkwy (Adel Branch Office)

Adel, IA 50003

Phone: 515-993-4596 (Adel Branch Office)

Toll-Free 800-375-5073

Website: <http://www.aea11.k12.ia.us>

ASK (Access for Special Kids) Resource Center

Services include: information and advocacy, parent-to-parent training, and family support and resources

5665 Greendale Rd, Suite D

Johnston, IA 50131

Phone: 515-243-1713

Website: www.askresource.org

Big Brothers Big Sisters of Central Iowa

Provides community based mentoring for children

9051 Swanson Boulevard

Clive IA 50325

Phone: 515-288-9025

Website: www.bbbsia.org

Childcare Assistance (CCA)

This program is available to the children of income-eligible parents who are absent for a portion of the day due to employment or participation in academic or vocational training or PROMISE JOBS activities. Assistance may also be available for a limited period of time to the children of a parent looking for employment or when the parent who normally cares for the child is unable to do so due to hospitalization, or outpatient treatment for physical or mental illness.

DHS CCA Eligibility

Human Services River Place Office

2309 Euclid Avenue

Des Moines, IA 50310

Phone: 866-448-4605

DHS CCA Payments and Registration
Hoover State Office Building, 5th Floor

1305 Walnut Street
Des Moines, IA 50319
Phone: 866-448-4605
Website: www.dhs.iowa.gov/child-care

Child Care Resource and Referral of Central Iowa

Iowa Child Care Resource and Referral agencies are community-based organizations that lend a helping hand to people who care for and about children. By providing resource, education and advocacy, CCRR helps meet your community's needs for affordable and accessible childcare. CCRR provides a variety of services for: parents, childcare providers, employers, and community groups. Guidance can be provided by phone, in person, over the internet, and in other ways to tailor each specific need.

**Limited funding available to help families pay for childcare while parents are working or attending school. Apply online at www.dhs.state.ia.us

Orchard Place Child Guidance Center
808 5th Ave
Des Moines, IA 50309
Phone: 800-722-7619
Website: www.iowaccrr.org

28059 Fairground Road
Adel, IA 50003
Phone: 515-993-3813

Dallas County Children's Advocacy Council

A private, non-profit organization that includes community members and agencies uniting together to raise awareness about the issues of child abuse and neglect.

Phone: 515-986-7255
Website: www.preventchildabuse.org

Dallas County Public Health Nursing

Services include: home health nurses and aides, immunizations, and public health education

902 Court Street
Adel, IA 50003
Phone: 515-993-3750
Website: <http://www.co.dallas.ia.us/index.aspx?page=161>

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Dental Screenings

The I-Smile Programs provides oral health screenings; oral health education; nutrition education relating to oral health; fluoride varnish application; and a referral to a dentist for comprehensive dental needs. This program targets pregnant women and children under the age of 21 residing in Dallas County.

New Opportunities
2810 First Street

Perry, IA 50220
Phone: 515-465-5185 (Family Development Center in Perry)
Toll-Free: 800-642-6330
Website: www.newopp.org

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
Toll-Free: 800-397-3232
Website: www.dhs.state.ia.us/
Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015

Human Service Campus
25747 North Ave.
Adel, IA 50003

Employee and Family Resources

Provides problem gambling services. Problem gambling services include: Presentations on problem gambling warning signs, behaviors, and risks; Distribution of brochures, flyers, etc. at public forums; Consultation for development of policies that discourage and/or limit gambling activities; School-based presentation to improve decision-making and impulse control for youth; Alternative activities; Parent activities; Referrals

505 Fifth Ave., Suite 600
Des Moines, IA 50309
Phone: 515-244-2297
Website: www.efr.org

Family Directions of Iowa

Provides parents with expert education and advocacy to build healthy families and strengthen parent and child relationships. Offers services to diverse populations across the state. Believes that parents, given guidance and support, are their own best resource in strengthening their families.

1211 Vine Street, Suite 2140
West Des Moines, IA 50265
Phone: 515-255-9490
Website: www.familydirectionsiowa.org

HAWK-I (Healthy & Well Kids in Iowa)

Services include: free and low cost health care for kids ages 0-18 including medical, dental and vision

Phone: 800-257-8563
Website: <http://www.hawk-i.org>

Head Start/Early Head Start

Free comprehensive quality preschool program for eligible 3-4 year olds/ home visitation program for eligible expectant mothers and children age birth to three.

2810 1st Ave
Perry, IA 50220
Phone: 515-465-5972

540 Walnut St
Waukee, IA 50263
Phone: 515-987-7428

Hearing Screenings

Free hearing screenings for children ages 0-5
Area Education Agency
6500 Corporate Dr.
Johnston, IA 50131
Phone: 515-270-9030

Immunizations

Dallas County Public Health offers immunizations for uninsured and underinsured children up to 18 years of age at no charge. Immunizations for adults are available for a fee. Influenza and pneumonia immunizations are available seasonally.

Dallas County Public Health
902 Court Street
Adel, IA 50003
Phone: 515-993-3750

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Integrative Counseling Solutions Inc.

Provides a comprehensive and holistic approach to mental health treatment which includes: counseling, skill development, psychiatric evaluation and medication management as well as brainwave biofeedback. They serve children, teens, adults, couples and families.

1200 Valley W Dr # 302
West Des Moines, IA 50266
Phone: 515-267-1340
Website: <http://www.integrativecounselingsolutions.com/>

Iowa Healthy Families Hotline

Statewide phone service designed to assist callers in locating community based maternal and child health services. Families are put in touch with local resources. A nurse is available Monday-Friday from 8:00 am-4:30 pm. The phone is answered 24 hours a day/ 7 days a week.

Phone: 800-369-2229

Iowa Home Care

Services include: home health and specialized pediatric in-home care (waiver approved) including respite

Des Moines Parent Operation
2500 University Avenue
West Des Moines, IA 50266
Phone: 515-222-9995
Website: <http://iowa-home-care.com/nav.aspx?pid=5>

Iowa State University Extension & Outreach

Provides information/education in agriculture; natural resources, community and economic development, nutrition and health, family finance, parenting, child development, 4-H and youth development. Other programs: Quality Child Care Project, Preschool Enrichment

28059 Fairground Rd
Adel, IA 50003
Phone: 515-993-4281
Website: extension.iastate.edu/dallas/

Lead Remediation Program

Dallas County Public Health Nursing can assist families that qualify to receive repairs to remove dangerous lead hazards in their home. For more information about this program or to find out if you qualify call the number below.

Phone: 800-811-7565

Lutheran Services in Iowa

Programs and services include: new parent program, supported community living, consumer directed attendant care, transportation, respite, supported employment, and home and vehicle modifications

3116 University Ave.
Des Moines, IA 50311
Phone: 515-271-7411
Website: www.lsiowa.org

Mid Iowa Family Therapy/Institute for Therapy

Programs and services include: child and family therapy, GAPS (Greater Advocacy and Parent Support) for families of children with mental illness, and home and community based services provider

600 1st Street
Perry, IA 50220
Phone: 515-465-5739
Website: www.miftc.com

New Opportunities

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

2810 First Street
Perry, IA 50220
Phone: 515-465-5185 (Family Development Center in Perry)
Toll-Free: 800-642-6330
Website: www.newopp.org

Partners in Family Development

Parents as Teachers program provides parents with child development knowledge and support. Other services include: classes and resources including prenatal classes and a fathers program

1109 2nd Street
Perry, IA 50220
Phone: 515-465-2584

1509 Country Club Rd.
Indianola, IA 50125
Phone: 515-962-1020
Website:
<http://www.partnersinfamilydevelopment.org>

Prevent Child Abuse Iowa

Programs and services: parenting resources, AmeriCorps Volunteers, community based child abuse prevention programs, Iowa child abuse prevention program, check off child abuse, preventing child sexual abuse, public awareness, shaken baby syndrome, child abuse data

505 5th Street, Suite 900
Des Moines, IA 50309
Phone: 515-244-2200
Toll-free: 800-237-1815
Website: www.pcaiowa.org

Stork's Nest

Programs for prenatal through 15 months of age supported by the March of Dimes. Put in place to help families develop good habits and support early childhood development. Participants receive points for participating. Points are to be turned in for incentives such as diapers, blankets, etc.

Partners in Family Development
1509 Country Club Rd.
P.O. Box 216
Indianola, IA 50125
Phone: 515-962-1020
Website: www.partnersinfamilydevelopment.org
Email: jwestbrook@partnersinfamilydevelopment.org

Vision Screenings

InfantSEE, The American Optometric Association and the Vision Care Institute of Johnson & Johnson Vision Care Inc., have partnered to create a no cost public health program to identify the potential for eye and vision programs in infants in their first year of life. Participating optometrists will provide a one-time eye assessment to infants between 6-12 months at no cost, regardless of income.

Iowa Optometric Association
6150 Village View Drive, Suite 105
West Des Moines, IA 50266
Phone: 515-222-5679
Toll-free: 800-444-1772
Website: www.iowaoptometry.org

Youth Emergency & Shelter Services of Des Moines

Services include: crisis nursery (respite care for families faced with overwhelming stress, and individual, family and group counseling

918 SE 11th Street
Des Moines, IA 50309
Phone: 515-282-9377
Website: www.yessiowa.typepad.com/

Waukee Community School District » Parent University

560 SE University Ave

Waukee, IA

Phone: 515-987-5161

Website: www.waukeeschools.org/our-district/community-education/parent-university/

Women Infants & Children (WIC)

Programs and services: Supplemental food packages, nutrition assessment and education, referral to other health agencies. WIC provides health services including nutrition education, breastfeeding promotion and support, check to buy nutritious foods, immunization screening and referrals and social services referrals

To qualify: you must meet income rules, have an Iowa address and have a medical or nutritional need

**A family of four can have an annual gross income of \$44,863

**WIC Appointment: After scheduling your WIC appointment at your local agency you will need to bring proof of Iowa address, proof of identity, and proof of income

2810 1st Avenue

Perry, IA 50220

Phone: 515-465-5185

CITIES: City Halls and Utilities

Adel

City Hall

301 S. 10th St

PO Box 248

Adel, IA 50003

Phone: 515-993-4525

Utilities

The City of Adel maintains its own water and sewer treatment plants

Phone: 515-993-4525

Electricity and natural gas are provided by MidAmerican Energy

Phone: 888-427-5632

Phone: 515-432-2866
Phone, Internet, TV: Windstream
Communication

Phone: 866-445-5880

MidAmerican Energy

Phone: 888-427-5632

Alliant Energy

Phone: 800-255-4268

Clive

City Hall

1900 NW 114th Street

Clive, IA 50325

Phone: 515-223-6220

Utilities

Garbage

Phone: 515-265-5267

Recycling

Phone: 515-244-7336

Water

Phone: 515-867-5199

Bouton

City Hall

110 East 1st Street

Bouton, IA 50039

Phone: 515-676-2091

Utilities

Water: Xenia Rural Water District

Phone: 515-676-2117

Garbage, Recycling: Walters Sanitary Services Inc

Dallas Center

City Hall

1502 Walnut Street

Dallas Center, IA 50063
Phone: 515-992-3725

Utilities
Water, Sewer, Garbage
Phone: 515-992-3725
Gas/Electricity: MidAmerican Energy
Phone: 888-427-5632
Telephone: Century Link
Phone: 877-743-2907 (New
Customers)
800-366-8201 (Existing
Customers)
Internet/Phone: Hughes Net
Phone: 877-715-4820
Cable: Mediacom
Phone: 515-246-2205

De Soto

City Hall
405 Walnut Street
PO Box 100
DeSoto, IA 50069
Phone: 515-834-2233

Utilities
Public Works
Phone: 515-834-2502

Dexter

City Hall
911 State Street
Dexter, IA 50070
Phone: 515-789-4210

Utilities
Water, Sewer, Garbage
Phone: 515-789-4210
MidAmerican Energy
Phone: 888-427-632
Alliant Energy
Phone: 888-255-4268

Granger

City Hall
1906 Main Street
Granger, IA 50109
Phone: 515-999-2210

Utilities
Water, Sewer
Phone: 515-999-2210
Garbage: Walters Sanitation Inc.
Phone: 800-827-1623
MidAmerican Energy
Phone: 888-427-5632
Telephone: Century Link
Phone: 877-767-8207
Cable TV, Voice & Internet: Mediacom
Phone: 800-262-3843

Minburn

City Hall
315 Baker Street
Minburn, IA 50167
Phone: 515-677-2245

Utilities
Public Works
Phone: 515-677-2789
Sewer
Phone: 515-201-3679
Streets
Phone: 515-677-2769
Parks
Phone: 515-677-2658
Water
Phone: 515-677-2738
Cemetery, Recycling, Garbage
Phone: 515-677-2733

Perry

City Hall
1102 Willis Avenue
Perry, IA 50220
Phone: 515-465-2481

Utilities
Perry City Water Works
Phone: 515-465-2562
Sanitation Department
Phone: 515-465-3092
Alliant Energy
Phone: 855-662-4956
MidAmerican Energy
Phone: 888-427-5632

Redfield

City Hall
808 First Street
Redfield, IA 50233
Phone: 515-833-2512

Utilities
Public Works
Phone: 515-833-2600
Garbage, Recycling: Waste
Management
Phone: 800-781-4498

Van Meter

City Hall
505 Grant Street
PO Box 160
Van Meter, IA 50261
Phone: 515-996-2644

Utilities
Public Works
Phone: 515-996-2644
Garbage and Recycling: Waste
Connections
Phone: 515-265-7374

Waukee

City Hall
230 Hickman Rd
PO Box 757
Waukee, IA 50263
Phone: 515-987-1845

Utilities
Public Works
Phone: 515-978-7920

Woodward

City Hall
108 E. 1st Street
PO Box 517
Woodward, IA 50276
Phone: 515-438-2560

Utilities
Public Works
Phone: 515-979-5809
Garbage, Recycling: Walter's Sanitary
Service Inc.
Phone: 515-432-2866

Crisis and Emergency Response

Broadlawns Mental Health

1801 Hickman Road
Des Moines, Iowa 50314
Crisis Line: 515-282-5752
Website: www.broadlawns.org

Crisis Intervention & Advocacy Center

Services include: services for those experiencing domestic violence and/or sexual assault; homelessness prevention/housing; Addiction support group for women (W.E.A.L. Women Ending Addiction for Life); abuse and violence prevention education programming for a variety of ages
911 Court Street
Adel, IA 50003
Phone: 515-993-4095

Emergency Interpretation

The Iowa International Center offers free interpretation services for emergency situations. These services are offered for limited English proficient (LEP) individuals facing a serious threat to life or well-being, and are accessible 24 hours a day, seven days a week. Accepts calls from hospitals,

domestic violence shelters and other social service providers when they determine that language is a barrier to providing appropriate services.

319 7th Street, Ste. 200

Des Moines, IA 50309

Phone: 515-282-8269, option 5, and use code 7092

Emergency Medical Services

Provide compassionate and optimal patient care along with supportive care in the first moments of a crisis.

**Placing a call for help may be done on any type of phone by dialing 911. A 911 call is received by a dispatcher trained in receiving emergency calls and an ambulance is sent out immediately.

Phone: 911

512 Tenth Street

Perry, IA 50220

Phone: 515-465-3596

512 South Nile Kinnick Dr.

Adel, IA 50003

Phone: 515-993-4507

Mobile Crisis

Call 911: In response to your phone call, the first people to arrive will be law enforcement officers. Officers will determine if it is a mental health related issue and maintain safety at the scene. Officers make a request through dispatch if it is determined the Mobile Crisis Unit is needed.

Youth Emergency & Shelter Services of Des Moines

Crisis Nursery: respite care for families faced with overwhelming stress

918 SE 11th Street

Des Moines, IA 50309

Phone: 515-282-9377

Website: www.yessiowa.typepad.com

Dental

A-1 Dental

6901 Hickman Rd

Urbandale, IA 50322

Phone: 515-270-5385

Adel Dental Group

Dr. Howard Belsheim

216 Nile Kinnick Dr.

Adel, IA 50003

Phone: 515-993-4333

Website: www.dentistadeliowa.com

Adel Family Dentistry

1202 Greene Street
Adel, IA 50003
Phone: 515-993-3701
Website: www.adelfamilydentistry.com

Aspen Dental

6630 Mills Civic Pkwy., #130
West Des Moines, IA 50266
Phone: 515-327-7000
Website: www.aspendental.com

Berkshire Dental

2375 Berkshire Pkwy
Clive, IA 50325
Phone: 515-987-7670
Website: www.berkshiredentaliowa.com

Central Iowa Orthodontics

550 SE University Ave.
Waukee, IA 50263
Phone: 515-987-9672
Website: www.ciortho.com

Craig Dental Center

15 N Warrior Lane
Waukee, IA 50263
Phone: 515-987-8387
Website: www.craigdentalcenter.com

Donated Dental Services

Program to assist disabled or elderly people who cannot afford comprehensive dental treatment
**Dentists volunteer to provide dental care at little to no charge.

9000 Northpark Drive
Johnston, IA 50131
Phone: 515-251-8000
Toll-free: 800-985-0034
Website: www.dentallifeline.org

Finn & Laughlin Family Dentistry

2605 Iowa Street
Perry, IA 50220
Phone: 515-465-2633
Website: www.finnandlaughlinfamilydentistry.com

238 W Hickman Rd
Waukee, IA 50263
Phone: 515-987-9797
Website: www.finnandlaughlinfamilydentistry.com

Graham Family Dentistry

9350 University Ave., Suite 128

Waukee, IA 50263

Phone: 515-987-0690

Website: www.grahamfamilydentistry.com

HAWK-I (Healthy & Well Kids in Iowa)

Services include: free and low cost health care for kids ages 0-18 including medical, dental and vision

Phone: 800-257-8563

Website: <http://www.hawk-i.org>

Jordan Creek Pediatric Dentistry

Includes services for special needs children

1055 Jordan Creek Pkwy, #110

West Des Moines, IA 50266

Phone: 515-222-1800

Website: www.jordancreekpediatricdentistry.com

Lakeview Family Dental PC

6000 University Ave., Suite 430

West Des Moines, IA 50266

Phone: 515-222-0066

Website: www.lakeviewfamilydentalpc.com

Marc Weige, DDS

Specializes in Orthodontics

1212 Willis Ave.

Perry, IA 50220

Phone: 515-465-4123

1200 Valley West Dr., #203

West Des Moines, IA 50265

Phone: 515-225-3770

Midwest Oral & Facial Surgery

Services include: wisdom tooth removal, implant surgery, corrective jaw surgery, facial trauma surgery, denture fit/comfort, and bone grafting/sinus surgery/nerve repositioning

Dr. Peter Lemon, DMD, MD

1225 Jordan Creek Pkwy

Pinehurst Bldg., Ste. 120

West Des Moines, IA 50266

Phone: 515-221-0807

Website: www.midwestoral.com

Ocean Dental

Accepts Title 19

1345 University Ave., #302

Des Moines, IA 50316

Phone: 515-264-9022

Website: www.oceandental.net

Perry Family Dentistry

May take Medicaid

1305 2nd Street

Perry, IA 50220

Phone: 515-465-3501

Website: www.perryfamilydentistryiowa.com

Plaza Dental Group

1089 Jordan Creek Pkwy, Suite 100

West Des Moines, IA 50266

Phone: 515-612-7148

Website: www.dmsmiles.com

Primary Health Care Dental Clinic

Accepts Title 19 and there is other financial assistance available

Engbretsen Dental Clinic

2353 SE 14th Street

Des Moines, IA 50320

Phone: 515-248-1470

Rachel Matta Family Practice, PC

906 Main Street

Adel, IA 50003

Phone: 515-993-3522

Website: www.mattafamilydental.com

Swanson Dental Care

May accept Medicaid

2423 Willis Ave.

Perry, IA 50220

Phone: 515-465-5170

Website: www.swansonfamilydental.com

Waukee Family Dentistry

85 NE Warrior Lane

Waukee, IA 50263

Phone: 515-987-1305

Website: www.waukeefamilydentistry.com

West Lakes Family Dentistry

6800 Lake Dr., #290

West Des Moines, IA 50266

Phone: 515-225-2424

Website: www.westlakesfamilydental.com

Disabilities: Blind Services

Iowa Department for the Blind

Provides education, information and resources

524 Fourth Street

Des Moines, IA 50309

Phone: 515-281-1333

Toll-Free: 800-362-2587

Website: www.idbonline.org

Disabilities: Consumer Directed Attendant Care (CDAC)

ChildServe Community Options

Services for children with disabilities include: case management, skilled medical care, supported community living (Home and Community Based Services Waiver provider), camps, respite, CDAC

5406 Merle Hay Rd

Johnston, IA 50131

Phone: 515-727-8750

Website: www.childserve.org

Easter Seal Society of Iowa

Services offered include: day habilitation, consumer directed attendant care, assistive technology, camp and recreation, supported community living (Home and Community Based Services Waiver provider), supported employment, and respite

401 NE 66th Ave

Des Moines, IA 50313

Phone: 515-289-1933

Website: www.ia.easterseals.com

HomeCare Services Inc.

Available services include: transportation via HIRTA, home delivered meals (Meals on Wheels), congregate meals, homecare aides, chore services, consumer directed attendant care, and respite care.

101 N. 9th Street

Adel, IA 50003

Phone: 515-993-4531

Perry number: 515-465-2300

Granger number: 515-999-2216

Website: www.homecareadel.dreamhosters.com

Home Instead

Services include: in-home companion, helper and personal care services, respite, consumer directed attendant care, and supported community living

215 N. Warrior Lane, Suite B

Waukee, IA 50263

Phone: 515-978-7991

Website: www.homeinstead.com

Homestead Living

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, respite, transportation, and consumer directed attendant care

1625 Adventureland Dr.
Pleasant Hill, IA 50327
Phone: 515-967-4369
Website: www.thehomestead.org

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care

2823 43rd Street
Des Moines, IA 50310
Phone: 515-277-4673
Toll-free: 888-386-2795
Website: www.hope-agency.org

Disabilities: Day Program Services

Advantages in Life

Home and Community Based Services (HCBS) provider that offers 24 hour staff to support clients in their homes and communities.

Website: www.advantagesinlife.com/6201.html

ChildServe Community Options

Services for children with disabilities include: case management, skilled medical care, supported community living (Home and Community Based Services Waiver provider), camps, respite, CDAC

5406 Merle Hay Rd
Johnston, IA 50131
Phone: 515-727-8750
Website: www.childserve.org

Easter Seal Society of Iowa

Services offered include: day habilitation, consumer directed attendant care, assistive technology, camp and recreation, supported community living (Home and Community Based Services Waiver provider), supported employment, and respite

401 NE 66th Ave
Des Moines, IA 50313
Phone: 515-289-1933
Website: www.ia.easterseals.com

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care

2823 43rd Street
Des Moines, IA 50310
Phone: 515-277-4673
Toll-free: 888-386-2795

Website: www.hope-agency.org

Disabilities: Deaf Services

Deaf Services Commission of Iowa

Advocates and promotes equal communication, education and access for hearing impaired persons

Deaf Services Commission of Iowa
Department of Human Rights, 2nd Floor
Lucas State Office Building
Des Moines, IA 50319
Phone: 515-281-3164
Toll-free: 888-3724
Website: www.humanrights.iowa.gov/ds/index.html

Disabilities: Employment Services

Candeo

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider) and supported employment

9550 White Oak Lane
Johnston, IA 50131
Phone: 515-259-8110
Website: www.candeoia.org

Easter Seal Society of Iowa

Services offered include: day habilitation, consumer directed attendant care, assistive technology, camp and recreation, supported community living (Home and Community Based Services Waiver provider), supported employment, and respite

401 NE 66th Ave
Des Moines, IA 50313
Phone: 515-289-1933
Website: www.ia.easterseals.com

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street
Perry, Iowa 50220
Phone: 515-465-7541

2111 W Greene
Adel, Iowa 50003
Phone: 515-996-5986
Website: www.genesisdevelopment.com

Homestead Living

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, respite, transportation, and consumer directed attendant care

1625 Adventureland Dr.
Pleasant Hill, IA 50327
Phone: 515-967-4369
Website: www.thehomestead.org

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care

2823 43rd Street
Des Moines, IA 50310
Phone: 515-277-4673
Toll-free: 888-386-2795
Website: www.hope-agency.org

Disabilities: General Services for All

Advantages in Life

Home and Community Based Services (HCBS) provider that offers 24 hour staff to support clients in their homes and communities.

Website: www.advantagesinlife.com/6201.html

ASK (Access for Special Kids) Resource Center

Services include: information and advocacy, parent to parent training, and family support and resources

5665 Greendale Rd, Suite D
Johnston, IA 50131
Phone: 515-243-1713
Website: www.askresource.org

Central Iowa Center for Independent Living

Assistance for Central Iowans with disabilities and their families is provided through advocacy, peer counseling and support, and independent living skills training

655 Walnut, Suite 131
Des Moines, IA 50309
Phone: 515-243-1742
Website: www.centraliowacil.com

ChildServe Community Options

Services for children with disabilities include: case management, skilled medical care, supported community living (Home and Community Based Services Waiver provider), camps, respite, CDAC

5406 Merle Hay Rd
Johnston, IA 50131
Phone: 515-727-8750
Website: www.childserve.org

Dallas County Community Services

Case Management for individuals diagnosed with intellectual disabilities, chronic mental illness, or developmental disabilities

902 Court Street, Suite 1
Adel, IA 50003
Phone: 515-993-5869
Toll-free: 877-286-3227
Website: www.co.dallas.ia.us

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
Toll-Free: 800-397-3232
Website: www.dhs.state.ia.us/
Online access to applications:
www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Inspections & Appeals

Provides information to assist in the selection of long term care facilities and investigates complaints alleging improper care or treatment of patients/residents

Health Facilities Division
Lucas State Office Building
321 E. 12th Street
Des Moines, IA 50319
Phone: 515-281-4115
Website: www.dia.iowa.gov/

DHS Targeted Case Management

Provides case management

400 SW 8th Street, Suite Q
Des Moines, IA 50309
Phone: 515-281-5299

Disability Rights Iowa

Legal advocacy for persons with disabilities and mental illness

400 E. Court, Suite. 300
Des Moines IA 50309
Phone: 515-278-2502
Toll-Free: 1-800-779-2502
TTY: 515-279-0571 or 1-866-483-3342
Website: <http://disabilityrightsiowa.org/>

Donated Dental Services

Program to assist disabled or elderly people who cannot afford comprehensive dental treatment

**Dentists volunteer to provide dental care at little to no charge.

9000 Northpark Drive
Johnston, IA 50131
Phone: 515-251-8000
Toll-free: 800-985-0034
Website: www.dentallifeline.org

Emergency Response Systems

Below are agencies/companies in the area who offer emergency response systems:

**Medicare does NOT cover the cost of these systems

ADT Home Health Security Services
6200 Thornton Ave #140
Des Moines, IA 50321
Phone: 515-442-0047
Website: www.adt.com

Alert1 Medical Alert Systems
Website: www.alert-1.com
Phone: 888-693-5433

Apria Alert
4351 NW Urbandale Drive
Urbandale, IA 50322
Phone: 515-252-0577
Website: www.apriadirect.com/apria-alert

Comfort Keepers
1300 Metro E Dr #128
Pleasant Hill, IA 50317

Phone: 515-243-0011
Website: <http://pleasanthill-256.com/fortkeepers.com>

Lifeline Services
11333 Aurora Avenue
Urbandale, IA 50322
Phone: 515-557-3167

Mercy Lifeline
1111 6th Avenue
Des Moines, IA 50314
Phone: 515-247-3233
Website: www.mercydesmoines.org

Midwest Ambulance-Midwest Voice of Help
2535 106th Street
Des Moines, IA 50322
Phone: 515-252-1721 ext. 24

Golden Circle Behavioral Health

Provides case management

Eyerly Ball
945 19th Street
Des Moines, IA 50314
Phone: 515-241-0982
Website: www.eyerlyball.com

Iowa COMPASS

Services provided include: disability information and referral used adaptive equipment listing service, and legal help with adapted devices

Center for Disabilities & Development

100 Hawkins Drive, #S295
Iowa City, IA 52242
Phone: 800-779-2001
TTY: 877-686-0032
Website: www.iowacompass.com

Iowa Department of Commerce Iowa Utilities Board (Relay Iowa)

Allows communication between text and voice telephone users

Phone: 800-735-2943

TTY/ASCII: 800-735-2942

Speech to Speech Service: 800-735-1007

Spanish Relay Service: 800-264-7190

Voice Carry-over Relay Service: 800-735-4313

900 Relay Service: 900-230-3031

Video Relay Service-H.323 Internet: 877-357-5300

Voice: 866-410-5787

Website: www.relayiowa.com

Iowa Department of Economic Development

Programs are available to assist person with disabilities, women, and minorities in the creation, acquisition or expansion of a business

200 E. Grand Ave.

Des Moines, IA 50309

Phone: 515-725-3000

Website: www.iowaeconomicdevelopment.com

Iowa Department of Transportation

Services include: issuance of disability license plates and placards

Office of Vehicle Services

Iowa DOT

6310 SE Convenience Blvd.

Ankeny, IA 50021

Phone: 515-237-3110

Website: <http://www.iowadot.gov/mvd/ovs/disabled.htm>

Iowa Division of Persons with Disabilities

Promotes employment of Iowans with disabilities by providing information, referral, technical assistance, training and negotiation services to employers and persons with disabilities

Iowa Office of Persons with Disabilities

Lucas State Office Building, 2nd Floor

Des Moines, IA 50319

Phone: 888-219-0471

Website: www.humanrights.iowa.gov/pd/

Disabilities: In-Home Provider Services

Advantages in Life

Home and Community Based Services (HCBS) provider that offers 24 hour staff to support clients in their homes and communities.

Website: www.advantagesinlife.com/6201.html

Home Instead

Services include: in-home companion, helper and personal care services, respite, consumer directed attendant care, and supported community living

215 N. Warrior Lane, Suite B
Waukee, IA 50263
Phone: 515-978-7991
Website: www.homeinstead.com

Disabilities: Intellectual Services

1st Five/New Opportunities

Assists medical practitioners in linking children ages birth to 5 and their families to available community resources. Services are voluntary and free of charge

**Medicaid families may self-refer

23571 Hwy 30 E
PO Box 427
Carroll, IA 51401
Phone: 1-712-792-9266
1-800-642-6330
Website: www.idph.state.ia.us/1stfive/
www.newopp.org

ARC of Iowa

Advocacy and information/referral for people with intellectual and developmental disabilities

3821 71st Street, Suite A
Urbandale, IA 50322
Phone: 515-402-1618
Toll-free: 800-362-2927
Website: www.thearcofiowa.org

Area Education Agency (Heartland AEA)

Assists parents with questions/concerns regarding their child's development

602 Visions Pkwy (Adel Branch Office)
Adel, IA 50003
Phone: 515-993-4596 (Adel Branch Office)
Toll-Free 800-375-5073
Website: <http://www.aea11.k12.ia.us>

Brain Injury Association of Iowa

Provides support in coping with issues of living with brain injury

7025 Hickman Rd
Urbandale, IA 50322
Phone: 800-444-6443
Website: www.biaia.org

Dallas County Community Services

Case Management for individuals diagnosed with intellectual disabilities, chronic mental illness, or developmental disabilities

902 Court Street, Suite 1
Adel, IA 50003
Phone: 515-993-5869

Toll-free: 877-286-3227
Website: www.co.dallas.ia.us

**New address as of November 1, 2015
Human Service Campus

25747 North Ave.
Adel, IA 50003

Early ACCESS Iowa

Provides assessment and services for children birth to age 3 who have a condition affecting their growth and development or a delay in ability to hear, see, talk or move.

Phone: 888-425-4371

Website: www.iafamilysupportnetwork.org/early-access-iowa/what-is-early-access-iowa

Disabilities: Mental Illness Services

Dallas County Community Services

Case Management for individuals diagnosed with intellectual disabilities, chronic mental illness, or developmental disabilities

902 Court Street, Suite 1

Adel, IA 50003

Phone: 515-993-5869

Toll-free: 877-286-3227

Website: www.co.dallas.ia.us

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street

Adel, IA 50003

Phone: 515-993-5817

Toll-Free: 800-397-3232

Website: www.dhs.state.ia.us/

Online access to applications:

www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Disability Rights Iowa

Legal advocacy for persons with disabilities and mental illness

400 E. Court, Suite. 300

Des Moines IA 50309

Phone: 515-278-2502

Toll-Free: 1-800-779-2502

TTY: 515-279-0571 or 1-866-483-3342

Website: <http://disabilityrightsiowa.org/>

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street

Perry, Iowa 50220

Phone: 515-465-7541

Website: www.genesisdevelopment.com

2111 W Greene

Golden Circle Behavioral Health

Provides case management

Eyerly Ball

945 19th Street

Des Moines, IA 50314

Phone: 515-241-0982

Website: www.eyerlyball.com

Integrative Counseling Solutions Inc.

Provides a comprehensive and holistic approach to mental health treatment which includes: counseling, skill development, psychiatric evaluation and medication management as well as brainwave biofeedback. They serve children, teens, adults, couples and families.

1200 Valley W Dr # 302

West Des Moines, IA 50266

Phone: 515-267-1340

Website: <http://www.integrativecounselingsolutions.com/>

Disabilities: Physical Services

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street

Perry, Iowa 50220

Phone: 515-465-7541

Website: www.genesisdevelopment.com

2111 W Greene

Adel, Iowa 50003

Phone: 515-996-5986

Herbert/Stork Construction

Home and Community Based Services Waiver provider for home and vehicle modification

26000 U Ave.

Waukee, IA 50263

Phone: 515-490-2602

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care

2823 43rd Street

Des Moines, IA 50310

Phone: 515-277-4673

Toll-free: 888-386-2795

Website: www.hope-agency.org

Disabilities: Residential Care Services

Department of Inspections & Appeals

Provides information to assist in the selection of long term care facilities and investigates complaints alleging improper care or treatment of patients/residents

Health Facilities Division
Lucas State Office Building
321 E. 12th Street
Des Moines, IA 50319
Phone: 515-281-4115
Website: www.dia.iowa.gov/

Disabilities: Respite Care Services

Advocating For Families

Home and Community Based Services waiver provider for supported community living and respite

124 S. Main Street
Woodward, IA 50276
Phone: 515-971-3244

ChildServe Community Options

Services for children with disabilities include: case management, skilled medical care, supported community living (Home and Community Based Services Waiver provider), camps, respite, CDAC

5406 Merle Hay Rd
Johnston, IA 50131
Phone: 515-727-8750
Website: www.childserve.org

Easter Seal Society of Iowa

Services offered include: day habilitation, consumer directed attendant care, assistive technology, camp and recreation, supported community living (Home and Community Based Services Waiver provider), supported employment, and respite

401 NE 66th Ave
Des Moines, IA 50313
Phone: 515-289-1933
Website: www.ia.easterseals.com

HomeCare Services Inc.

Available services include: transportation via HIRTA, home delivered meals (Meals on Wheels), congregate meals, homecare aides, chore services, consumer directed attendant care, and respite care.

101 N. 9th Street
Adel, IA 50003
Phone: 515-993-4531
Perry number: 515-465-2300
Granger number: 515-999-2216
Website: www.homecareadel.dreamhosters.com

Home Instead

Services include: in-home companion, helper and personal care services, respite, consumer directed attendant care, and supported community living

215 N. Warrior Lane, Suite B
Waukee, IA 50263
Phone: 515-978-7991
Website: www.homeinstead.com

Homestead Living

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, respite, transportation, and consumer directed attendant care

1625 Adventureland Dr.
Pleasant Hill, IA 50327
Phone: 515-967-4369
Website: www.thehomestead.org

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care

2823 43rd Street
Des Moines, IA 50310
Phone: 515-277-4673
Toll-free: 888-386-2795
Website: www.hope-agency.org

Disabilities: Supported Community Living

Advantages in Life

Home and Community Based Services (HCBS) provider that offers 24 hour staff to support clients in their homes and communities.

Website: www.advantagesinlife.com/6201.html

Advocating For Families

Home and Community Based Services waiver provider for supported community living and respite

124 S. Main Street
Woodward, IA 50276
Phone: 515-971-3244

ChildServe Community Options

Services for children with disabilities include: case management, skilled medical care, supported community living (Home and Community Based Services Waiver provider), camps, respite, CDAC

5406 Merle Hay Rd
Johnston, IA 50131
Phone: 515-727-8750
Website: www.childserve.org

Easter Seal Society of Iowa

Services offered include: day habilitation, consumer directed attendant care, assistive technology, camp and recreation, supported community living (Home and Community Based Services Waiver provider), supported employment, and respite

401 NE 66th Ave

Des Moines, IA 50313

Phone: 515-289-1933

Website: www.ia.easterseals.com

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street

Perry, Iowa 50220

Phone: 515-465-7541

Website: www.genesisdevelopment.com

2111 W Greene

Adel, Iowa 50003

Phone: 515-996-5986

Home Instead

Services include: in-home companion, helper and personal care services, respite, consumer directed attendant care, and supported community living

215 N. Warrior Lane, Suite B

Waukee, IA 50263

Phone: 515-978-7991

Website: www.homeinstead.com

Homestead Living

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, respite, transportation, and consumer directed attendant care

1625 Adventureland Dr.

Pleasant Hill, IA 50327

Phone: 515-967-4369

Website: www.thehomestead.org

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care

2823 43rd Street

Des Moines, IA 50310

Phone: 515-277-4673

Toll-free: 888-386-2795

Website: www.hope-agency.org

Education

Adel Desoto Minburn

ADM Community School District
801 Nile Kinnick Drive South
Adel, IA 50003
Phone: 515-993-4283

Phone: 515-633-5400

Indian Hills Junior High School
9401 Indian Hills Drive
Clive, Iowa 50325
Phone: 515-633-4700

Bouton

Perry Community School District
1102 Willis Ave
Perry, IA 50220
Phone 515-465-4656

Stilwell Junior High School
1601 Vine Street
West Des Moines, Iowa 50265
Phone: 515-633-6000

Street Patrick's Catholic School
1302 5th Street
Perry, IA 50220
Phone: 515-465-4186

Valley Southwoods Freshman High School
625 South 35th Street
West Des Moines, IA 50265-2053
Phone: 515-633-4500

Clive

West Des Moines Community School District
3550 Mills Civic Parkway
West Des Moines, IA 50265
Phone: 515-633-5000

Valley High School
3650 Woodland Avenue
West Des Moines, IA 50266
Phone: 515-633-4000

Fairmeadows Elementary
807 23rd Street
West Des Moines, Iowa 50265
Phone: 515-633-6500

Walnut Creek Campus
1020 8th Street
West Des Moines, IA 50265
Phone: 515-633-6400

Hillside Elementary
713 8th Street
West Des Moines, Iowa 50265
Phone: 515-633-6200

Dallas Center Grimes

Dallas Center-Grimes Community School District
1414 Walnut Street, Suite 200
P.O. Box 512
Dallas Center, IA 50063

Jordan Creek Elementary
4105 Fuller Road
West Des Moines, Iowa 50265
Phone: 515-633-5200

South Prairie Elementary (Grades Kdg-2)
500 S. James Street
Grimes, IA 50111
Phone: 515-986-4057

Western Hills Elementary
600 39th Street
West Des Moines, Iowa 50265
Phone: 515-633-5900

North Ridge Elementary (Grades 3-4)
400 NW 27th Street
Grimes, IA 50111
Phone: 515-986-5674

Westridge Elementary
5500 EP True Parkway
West Des Moines, Iowa 50266

Dawson

Perry Community School District
1102 Willis Ave,
Perry, IA 50220
Phone: 515-465-4656

Des Moines

DMACC at Perry VanKirk Career
Academy
1011 2nd Street
Perry, IA 50220
Phone: 515-964-6200
800-362-2177

Website:
<https://go.dmacc.edu/perry/pages/welcome.aspx>

Dexter

West Central Valley Community School
District
1375 High Street
Redfield, Iowa 50233
Phone: 515-833-2331

Dexter Elementary
803 Washington Street
Dexter, Iowa 50070
Phone: 515-789-4480

Stuart Elementary
320 NE 3rd Street
Stuart, Iowa
Phone: 515-523-1018

Granger

Woodward-Granger Schools
Central Office
306 W. 3rd Street
Woodward, IA 50276
Phone: 515-438-4333

Assumption Catholic School
Granger Assumption K-8
1904 Sycamore Street
Granger, IA 50109
Phone: 515-999-2211

Linden

Panorama Community School District

701 West Main Street
Panora, IA 50216
Phone: 641-755-4144

Perry

Perry Community School District
1102 Willis Ave
Perry, IA 50220
Phone 515-465-4656

Redfield

West Central Valley Community School
District
1375 High Street
Redfield, Iowa 50233
Phone: 515-833-2331

Dexter Elementary
803 Washington Street
Dexter, Iowa 50070
Phone: 515-789-4480

Stuart Elementary
320 NE 3rd Street
Stuart, Iowa
Phone: 515-523-1018

West Central Valley Middle School
1375 High Street, PO Box B
Redfield, Iowa 50233
Phone: 515-833-2331

West Central Valley High School
3299 White Pole Road
Stuart, Iowa 50250
Phone: 515-523-1313

Urbandale

Urbandale Community School District
11152 Aurora Avenue
Urbandale, IA 50322
Phone: 515-457-5000

Metro West Learning Academy
4420 NW Urbandale Dr.
Urbandale, IA 50322
Phone: 515-727-6301

Van Meter

Van Meter Community School District
520 1st Avenue
Van Meter, Iowa 50261
Phone: 515-996-2221

West Des Moines, IA 50265
Phone: 515-633-5000

Waukee

Waukee Community School District
560 Southeast University Avenue
Waukee, Iowa 50263
Phone: 515-987-5161

Woodward

Woodward-Granger Schools
Central Office
306 W. 3rd Street
Woodward, IA 50276
Phone: 515-438-4333

West Des Moines

West Des Moines Community School
District
3550 Mills Civic Parkway

Assumption Catholic School
Granger Assumption K-8
1904 Sycamore Street
Granger, IA 50109
Phone: 515-999-2211

Employment

Candeo

Services include: supported community living (home and community based services waiver provider), supported employment

9550 White Oak Lane
Johnston, IA 50131
Phone: 515-259-8110
Website: www.candeoiowa.org

Department of Labor Re-Employment Portal

Services: In addition to job search help, the newly improved website now offers eligibility and application information for unemployment insurance; as well as information links to other Federal and state benefits, such as health care, food support, and housing and energy assistance.

www.CareerOneStop.org/reemployment

Easter Seal Society of Iowa

Services for people with disabilities including: day habilitation, consumer directed attendant care, assistive technology, camp and recreation, supported community living (home and community based services waiver provider), supported employment, respite.

PO Box 4002
Des Moines, IA 50333
Phone: 515-274-11529
Website: www.ia.easterseals.com

Experience Works

Provider employment training services.

3720 North 2nd Ave.
Des Moines, IA 50313
Phone: 877-314-7385

Phone: 515-243-2430

Website: www.experienceworks.org

Genesis Development

Programs/Services: outpatient psychotherapy & counseling, assessment & evaluation, psychiatric services, 24-hour emergency mental health assessment; after hours at Dallas County Hospital ER, supported community living, home & vehicle modification, supported employment (waiver provider)

Perry Office:

610 Tenth Street

Perry, IA 50220

Phone: 515-465-7541

Website: www.genesisdevelopment.com

Adel Office:

2111 W Greene

PO Box 221

Adel, IA 50003

Phone: 515-993-5986

Homestead Living

Services for people with disabilities including: supported community living (home and community based services waiver provider), supported employment, respite, transportation, and consumer directed attendant care.

1625 Adventureland Dr.

Pleasant Hill, IA 50327

Phone: 515-967-4369

Website: www.thehomestead.org

HOPE

Services for people with disabilities including: supported community living (home and community based services waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, and consumer directed attendant care.

2823 43rd Street

Des Moines, IA 50310

Phone: 515-277-4673

Phone: 888-386-2795

Website: www.hope-agency.org

Iowa Department of Economic Development

Programs to assist persons with disabilities, women, minorities in the creation, acquisition or expansion of a business.

Phone: 515-242-4878

Iowa Division of Persons with Disabilities

Promotes employment of Iowans with disabilities by providing information, referral, technical assistance, and training and negotiation services to employers and persons with disabilities.

Phone: 888-219-0471

Website: www.state.ia.us/dhr/pd

Iowa Employment Solutions/DMAcc

Various programs available to assist with preparing for and locating employment.

210 N. 10th Street

Adel, IA 50003

Phone: 515-281-9700

Phone: 515-993-5817

Website: www.iowaemploymentsolutions.com

Iowa Vocational Rehabilitation Services

Services: Assist individuals with disabilities to achieve employment goals.

510 E. 12th Street

Des Moines, IA 50319

Phone: 515-281-4211

Phone: 800-735-2942

Website: www.ivrs.iowa.gov

Iowa Workforce Development

Programs/Services: Skill development, job placement, unemployment insurance claims.

430 E. Grand Ave.

Des Moines, IA 50309

Phone: 515-281-9619

Website: www.iowaworkforce.org

Link Associates

Services for people with disabilities including: supported community living (home and community based services waiver provider), adult day care, supported employment, transportation, respite.

1452 29th Street

West Des Moines, IA 50265

Phone: 515-262-8888

Website: www.linkassociates.org

Lutheran Services in Iowa

Programs/Services: new parent program, supported community living, consumer directed attendant care, transportation, respite, supported employment, home & vehicle modifications

3116 University Ave.

Des Moines, IA 50311

Phone: 515-271-7411

Website: www.lsiowa.org

Mainstream Living

Services for people with disabilities including: day habilitation, supported community living, home & vehicle modification, transportation, supported employment, respite

1714 Court Street

Adel, IA 50003

Phone: 515-993-2519

Website: www.mainstreamliving.org

Proteus

Services: healthcare, training, and employment for migrant and seasonal farmworkers.

3850 Merle Hay Rd. Ste 100 & 500

Des Moines, IA 50311

Website: www.iowaworkforce.org/region11/proteus.htm

Financial Assistance

AIDS Project of Central Iowa

Programs/Services: care coordination for persons living with HIV, HIV and Hepatitis C testing, prevention education, housing, food pantry, & financial assistance for persons living with HIV

1200 University Ave.
Des Moines, IA 50309
Phone: 515-284-0245
Website: www.aidsprojectci.org

Child Support Recovery

3560 SW Brookside Dr, Ste E
Grimes, IA 50111-5062
Phone: 515-369-2850
888-229-9223

Crisis Intervention & Advocacy Center

Services for those experiencing domestic violence and/or sexual assault, including: homelessness prevention, housing, addiction support group for women, abuse and violence prevention education programming for a variety of ages.

PO Box 40
Adel IA 50003
Phone: 515-993-4095
800-400-4884 (24 Hour Domestic Abuse Crisis Line)
800-550-0004 (24 hour Sexual Assault Crisis Line)

Dallas County General Assistance

Financial assistance may be available for eligible individuals for the following expenses: emergency food, shelter, utilities, medical services and burial.

902 Court Street, Suite 1
Adel, IA 50003
Phone: 515-993-5869
Website: www.co.dallas.ia.us

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services

Financial and supportive services including: Family Investment Program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), dependent adult and child protective services.

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
800-397-3232
Website: www.dhs.state.ia.us
Online access to applications:
www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services – Medicaid

Medical insurance coverage for low-income families, pregnant women, elderly, kids with special needs, disabled persons.

210 N. 10th Street

Adel, IA 50003

Phone: 515-993-5817

800-397-3232

Website: www.dhs.state.ia.us/consumers/health/medical_insurance/whatsavailable.html

Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Donated Dental Services

Free or reduced dental services for permanently disabled, chronically ill, and elderly.

Phone: 515-251-8000

800-985-0034

Website: www.nfdh.org

Financial Counseling Clinic – ISU Extension

Helping Iowans with homeownership, personal finance and credit education and counseling.

<http://www.hdfs.iastate.edu/financial/>

Firewood Helper

Services include: donated firewood that has been cut and split; may pick up or arrange for delivery

3340 Ashworth Rd.

Waukee, IA 50263

Phone: 515-494-5441

HAWK-I (Healthy and Well Kids in Iowa)

Free and low cost health care coverage for kids ages 0-18 including medical, dental and vision

Phone: 800-257-8563

Website: <http://www.hawk-i.org>

Insurance Marketplace

You may qualify for expanded Medicaid, the Iowa Health and Wellness Plan, insurance premium discounts, or lower insurance out-of-pocket costs. For the most current information:

Website: <http://www.healthcare.gov>

<http://www.cuidadodesalud.gov>

Iowa Aftercare Services Network

Programs/Services for those 18-21 who have formerly been in foster care, including: housing, food expenses, medical expenses, counseling, education expenses, transportation assistance.

Phone: 800-443-8336

Website: www.iowaaftercare.org

Medication Assistance Programs

Free or reduced medications for persons who meet guidelines.

Website: www.rxassiStreetorg
www.patientassistance.org
www.needymeds.org
www.caremark.com/naco

New Opportunities

Services including: Child Health (lead testing and I-Smile dental program), Maternal Health including assistance accessing Medicaid, Food Pantry serves-Perry, Dawson, Bouton, Woodward and Minburn, Energy/Heat Assistance (LIHEAP) and home weatherization , WIC (Women, Infants, Children supplemental food program), Clothes closet including prom dresses, Financial Literacy Counseling, CDAC, Respite, Home & Vehicle Modification (Home & Community Based Waiver Provider), Head Start and Early Head Start (Adel, Perry, Waukee), Contraceptive Services

2810 First Street PO Box 606

Perry, IA 50220

Phone: 800-642-6330

Phone: 515-465-5185 (Family Development Center in Perry)

Website: www.newopp.org

Rural Neighbors Food Pantry (Dexter)

Services including: Food Bank for residents of Dexter and surrounding area, Very limited utility assistance for residents of Dexter

Presbyterian Church United

823 State Street

Dexter, Iowa

Linda: 515-789-4538

Doris: 515-789-4587

Zion Recovery

Programs/Services: Substance abuse evaluation, Adolescent and adult outpatient treatment services, Adult residential treatment, Drug testing, Driving Under Influence (DUI) course-12-hour course, Gambling intervention, Access to Recovery (ATR) financial assistance--must be receiving treatment services to be eligible

309 S 7th Street, Suite B

Adel, IA 50003

Phone: 515-993-5243

2812 1st Ave.

Perry, IA 50220

Phone: 515-465-9310

90 E. Hickman Rd.

Waukee, IA 50263

Phone: 515-987-0510

Website: www.zionrecovery.org

Food

Adel Methodist – Good Samaritan Food Pantry

Food pantry serves VanMeter, Adel, DeSoto, and Minburn. Hours: 12:00pm to 2:00pm Monday & Wednesday. If the ADM Schools are closed due to inclement weather, the Food Pantry will be also.

United Methodist Church

115 South 10th Street
Adel, Iowa 50003
Phone: 515-423-0753
Phone: 515-993-3791
Website: www.adelfoodpantry.com

Angel Food Ministries – Bouton

A monthly low cost food program dedicated to helping families stretch their food dollar. Angel Food's mission is to reach out to anyone in need of quality food items at reasonable prices. This program has no application or qualifiers on who may participate. The program is open to everyone.

Christ Lutheran Church
22952 141st Dr
Bouton, IA 50039
Phone: 515-676-2289
Website: www.angelfoodministries.com

Cottage Pantry

Hours: Wednesdays 1:30-5:00 PM; Serves the West Central Valley School District Area
204 S. Division Street
Stuart, IA
Contact: Marlis Beeler
Phone: 515-523-1301

Department of Human Services (Food Assistance)

SNAP – Supplemental Nutrition Assistance Program (formerly known as food stamps)
210 N 10th Street
Adel, IA 50003
Phone: 515-993-5817
Website: www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Food Supplement Program (Commodities)

Supplemental foods for persons 60 years of age or older meeting eligibility guidelines. Food distributed on the 3rd Thursday of every month to Perry, Adel, Dallas Center & Waukee.
2309 Euclid Ave.
Des Moines, IA 50310
Phone: 515-286-3655-Sign up and Delivery Schedule
Phone: 515-993-4531-For HomeCare Services to deliver

HomeCare Services, Inc.

Services include: Transportation via HIRTA <http://www.hirtapublictransit.com/dallascounty1.aspx> ,
Home delivered meals (Meals on Wheels), congregate meals, Homecare aides, Chore services,
Consumer Directed Attendant Care, Respite
101 N. 9th Street

Adel, IA 50003
Phone: 515-993-4531
515-465-2300
515-999-2216
Website: www.homecareadel.com

Local Food Growers & Farmer's Markets

Website: <http://www.co.dallas.ia.us/departmentservices/public-health-home-health/healthy-lifestyles/local-food-providers>

New Opportunities

Programs/Services: Child Health (lead testing and I-Smile dental program), Maternal Health including assistance accessing Medicaid, Food Pantry serves-Perry, Dawson, Bouton, Woodward and Minburn, Energy/Heat Assistance (LIHEAP) and home weatherization, WIC (Women, Infants, Children supplemental food program), Clothes closet including prom dresses, Financial Literacy Counseling, CDAC, Respite, Home & Vehicle Modification (Home & Community Based Waiver Provider), Head Start and Early Head Start (Adel, Perry, Waukee), Contraceptive Services
2810 First Street PO Box 606
Perry, IA 50220
Phone: 800-642-6330
515-465-5185 (Family Development Center in Perry)
Website: www.newopp.org

Rural Neighbors Food Pantry

Services: Food Bank for residents of Dexter and surrounding area, Very limited utility assistance for residents of Dexter
Presbyterian Church United
823 State Street
Dexter, Iowa
Linda: 515-789-4538
Doris: 515-789-4587

SHARE Food Distribution

Services: Monthly food package for fee and volunteer hours. Please check website or call for more information.

Perry – Family Development Center, 2814 1st Street (Cornerstone Church)
Redfield – City Hall, 808 1st Street
Waukee – Community Center, 675 Walnut Street
Phone: 800-344-1107
Website: www.shareiowa.com

Waukee Christian Area Services Food Bank

Food pantry for those living in Waukee school district (Mon 4-6pm; Thurs 9-11am); Angel Food ministries (monthly food package for a fee)

Westview Church

1155 Boone Dr.
Waukee, IA 50263

Phone: 515-321-5523

Website: http://www.waukeechristianservices.org/Food_Pantry.html

Woodward "Food bank"

Services: Vouchers provided to the local grocery store, One voucher per month (maximum of 6 times per year) , Serves Woodward-Granger school district boundaries, Need address printed on something if first time user

118 South Main Street

Woodward, 50276

Phone: 515-438-2636

Health

1st Five/New Opportunities

Assists medical practitioners in linking children ages birth to 5 and their families to available community resources. Services are voluntary and free of charge

**Medicaid families may self-refer

23571 Hwy 30 E

PO Box 427

Carroll, IA 51401

Phone: 1-712-792-9266

1-800-642-6330

Website: www.idph.state.ia.us/1stfive/

www.newopp.org

AIDS Project of Central Iowa

1200 University Ave.

Des Moines, IA 50309

Phone: 515-284-0245

Website: www.aidsproject.org

Alzheimer's Association Greater Iowa Chapter

1730 28th Street

West Des Moines, IA 50266

Phone: 515-440-2722

24 Hour Helpline: 800-272-3900

Website: www.alz.org/greateriowa

American Cancer Society Iowa

8364 Hickman Rd, Suite D

Des Moines, IA 50322

Phone: 515-253-0147

Website: www.cancer.org

www.acscan.org

American Lung Association of Iowa

2530 73rd Street

Des Moines, IA 50322

Phone: 515-309-9507

Website: www.lungia.org
www.tobaccofreepartnership.com

Christ the King Free Clinic

5711 Southwest 9th Street
Des Moines, IA 50315

Hours: Mondays 7-9pm, Wednesdays 7-9pm (pediatric)

Cleaning for a Reason

Website: www.cleaningforareason.org

Corinthian Family Health Free Clinic

814 School Street
Des Moines, IA 50309

Hours: Saturday 9am-12noon

Dallas County Environmental Health

907 Court Street
Adel, IA 50003

Phone: 515-993-5803

Website: <http://www.co.dallas.ia.us/department-services/environmental-health>

Dallas County Hospital

610 10th Street
Perry, IA 50220

Phone: 515-465-3547

Website: www.dallascohospital.org

Dallas County Public Health Nursing

902 Court Street
Adel, IA 50003

Phone: 515-993-3750
515-465-2483

Website:

www.co.dallas.ia.us/index.aspx?page=161

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services

210 N 10th Street
Adel, IA 6000

Phone: 515-993-5817
800-397-3232

Website: www.dhs.state.ia.us/

Online applications:

www.oasis.iowa.gov

**New address as of November 1, 2015
Human Service Campus
25747 North Ave.
Adel, IA 50003

Department of Human Services – Iowa Care

210 N 10th St

Adel, IA 50003

Phone: 515-993-5817

800-397-3232

Website:

www.ime.state.ia.us/iowacare/index.htm

↓

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Department of Human Services – Medicaid

210 N. 10th Street

Adel, IA 50003

Phone: 515-993-5817

Phone: 800-397-3232

Website: www.dhs.state.ia.us/consumers/health/medical_insurance/whatsavailable.html

Online applications: www.oasis.iowa.gov

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Department of Inspections and Appeals

Health Facilities Division

Lucas State Office Building

321 E. 12th Street

Des Moines, IA 50319

Phone: 515-281-4115

Website: www.dia.iowa.gov

Drug Disposal

Local places to dispose of unused or unwanted drugs

Adel

Adel Healthmart

113 N. 9th Street

Adel, IA 50003

Phone: 515-993-3644

Sumpter Pharmacy

628 Nile Kinnick Drive S, Suite A

Adel, IA 50003

Phone: 515-993-1119

Clive

Price Chopper Pharmacy

15500 Hickman Road

Clive, IA 50325

Phone: 515-987-0377

Grimes

Medicap Pharmacy

250 SE Gateway Drive

Grimes, IA 50111

Phone: 515-986-0101

**Anything but controlled substances

Hy-Vee Pharmacy

1541 South 3rd, Suite 100

Grimes, IA 50111

Phone: 515-986-4527

**For non-controlled substances only

Perry

Hy-Vee Pharmacy

1215 141st Street

Perry, IA 50220

Phone: 515-465-3543

**For non-controlled substances only

Medicap Pharmacy
601 1st Street
Perry, IA 50220

Phone: 515-465-3391

Shopko Pharmacy
1305 141st Street
Perry, IA 50220

Phone: 515-465-5484

Waukee

Medicap Pharmacy
10 Warrior Lane
Waukee, IA 50263

Phone: 515-987-8111

West Des Moines

Hy-Vee Pharmacy
1725 Jordan Creek Parkway
West Des Moines, IA 50266

Phone: 515-226-8921

Emergency Response Systems (aka Lifeline)

Following are a list of agencies/companies in the area who offer emergency response systems:

**Medicare does not cover the cost of these systems.

ADT Home Health Security Services
Des Moines

Phone: 888-746-7238

Website: www.adt.com/for_your_home/products_services/home_health_security

Alert1 Medical Alert Systems

Phone: 800-693-5433

Website: www.alert-1.com

Apria Alert

11224 Aurora Avenue
Urbandale, IA 50322

Phone: 888-982-7742

Website: www.apriadirect.com/apria-alert

At-Home Care Company LifeAid
1513 North Ankeny Boulevard, Suite 4
Ankeny, IA 50023
Phone: 515-292-2650

Website: www.athomecareco.com

Iowa Home Care Lifeline

2500 University Avenue
West Des Moines, IA 50266

Phone: 877-422-7342

Website: www.iowahomecare.com

Philips Lifeline Mercy Medical Center

Phone: 800-543-3546 ext. 2953
866-674-9900 ext. 4395

Websites: www.lifelinesys.com
www.mercydesmoines.org

Safety Choice Comfort Keepers

1300 Metro East Drive, Suite 128
Pleasant Hill, IA 50327

Phone: 515-243-0011

Website: www.comfortkeepers.com

Employee and Family Resources

505 5th Ave. Suite 600
Des Moines, IA 50309
Phone: 515-244-2297
Website: www.efr.org

Grace United Methodist Church Free Clinic

3700 Cottage Grove
Des Moines, IA 50311

Hours: 5-7pm

Greene County Medical Center/Support Groups

1000 West Lincolnway
Jefferson, IA 50129
Phone: 515-386-2114
Website: www.gcmchealth.com

HAWK-I

Phone: 800-257-8563
Website: www.hawk-i.org

InnerVisions HealthCare – Unplanned Pregnancy and STD Clinic

1355 50th Street Suite 400
West Des Moines, IA 50266
Phone: 515-440-2273
Website: www.innervisionhealthcare.org

Insurance Marketplace

Website: www.healthcare.ogv
www.cidadodesalud.gov

Iowa State University Extension & Outreach

28059 Fairground Rd
Adel, IA 50003
Phone: 515-993-4281
Website: extension.iastate.edu/dallas

Islamic Center of Des Moines Free Medical Clinic

6201 Franklin Avenue
Des Moines, IA 50322
Hours: 1st and 3rd Saturdays of the month, 9-11am

Jim Ellefson Free Medical Clinic

1607 East 33rd Street
Des Moines, IA 50317
Hours: Tuesdays 1-4pm, Thursdays 5:30-8:30pm

Margaret Cramer Clinic – First Assembly of God Church

2725 Merle Hay Road
Des Moines, IA 50310
Hours: Thursdays 6-8pm

Medication Assistance Programs

Websites: www.rxassiststreet.org
www.patientassistance.org
www.needymeds.org
www.caremark.com/naco

www.pparx.org

Michael Genz Audiology

1401 50th Street, Suite 112
West Des Moines, IA 50266
Phone: 515-226-0490
800-246-1891

Miracle Travel Works

Website: www.miracetravelworks.org

National Eating Disorders Association

Phone: 800-931-2237
Website: www.nationaleatingdisorders.org

New Opportunities

2810 First Street, PO Box 606
Perry, IA 50220
Phone: 800-642-6330
515-465-5185 (Family Development Center in Perry)
Website: www.newopp.org

Planned Parenthood

2304 University Ave.
Des Moines, IA 50311
Phone: 800-230-7526
Website: www.ppheartland.org

Poison Control Center

Phone: 800-222-1222
Website: iowapoison.org

Proteus

3850 Merle Hay Rd, Ste. 100 & 500
Des Moines, IA 50311
Phone: 515-271-5306
800—372-6031
Website: www.iowaworkforce.org/region11/proteus.htm

Quitline Iowa

Phone: 800-784-8669
Website: www.quitlineiowa.org

Hearing

Deaf Counseling Center

Website: www.deafcounseling.com

Starkey Hearing Foundation

6700 Washington Ave S
Eden Prairie, MN 55344
Phone: 800-328-8602
Website: www.starkeyhearingfoundation.org

Help Lines

Alzheimer's Association Greater Iowa Chapter

1730 28th Street
West Des Moines, IA 50266
Phone: 515-440-2722
24 Hour Helpline 800-272-3900
Website: www.alz.org/greateriowa

Bets off Problem Gambling

Phone: 800-28-7633
Website: www.1800betsoff.org

Boys and Girls Town National Hotline

Phone: 800-448-3000
Website: www.girlsandboystown.org/national-hotline

Broadlawns Mental Health

Crisis Line
Phone: 515-282-5752

Community Access Program (CAP):
Phone: 515-282-6770

Positive Alternatives to Hospitalization (PATH):
Phone: 515-282-6750

Website for Mental Health Services: www.broadlawns.org/mental-health-services.cfm
Web link for support groups offered at Broadlawns: <http://www.broadlawns.org/support-groups.cfm>

Child & Dependent Adult Abuse Reporting (Department Human Services)

Phone: 800-362-2178
Website: www.dhs.iowa.gov

Crisis Intervention & Advocacy Center

PO Box 40
Adel, IA 50003
Phone: 515-993-4095
800-400-4884 (24 Hour Domestic Abuse Crisis Line)
800-550-0004 (24 Hour Sexual Assault Crisis Line)

Emergency Interpretation

Phone: 515-282-8269, option 5 and use code 7092

Gay and Lesbian Hotline

Phone: 888-843-4564

Website: www.glbtnationalhelpcenter.org

Healthy Families

Phone: 800-369-2229

Iowa Coalition against Domestic Violence

Phone: 800-942-0333

Website: www.icadv.org

Iowa Coalition against Sexual Assault

3030 Merle Hay Rd

Des Moines, IA 50310

Phone: 515-244-7424

Website: www.iowacasa.org

Iowa Concern Hotline / ISU Outreach Center

Phone: 800-447-1985

Website: www.extension.iastate.edu/iowaconcern

Iowa Substance Abuse Information Center

Phone: 866-242-4111

Website: www.drugfreeinfo.org

Iowa Teen Line

Phone: 800-443-8336

Website: www.extension.iastate.edu/teenline

National Domestic Violence Hotline

Phone: 800-799-SAFE

National Eating Disorders Association

Phone: 800-931-2237

Website: www.nationaleatingdisorders.org

National Runaway Switchboard

Phone: 800-786-2929

Website: www.nrscrisisline.org

National Suicide Prevention

Phone: 800-273-TALK (8255)

Parents, Families & Friends of Lesbians & Gays (PFLAG)

Phone: 515-537-3126

202-467-8180 (National Office)

Website: www.pflag.org

Poison Control Center

Phone: 800-222-1222

Website: www.iowapoison.org

RAINN (Rape, Abuse, and Incest National Network)

Phone: 800-656-HOPE

Website: www.rainn.org

Suicide Hotline

Phone: 800-784-2433

TTY 1-800-799-4889

Website: www.suicidehotlines.com

Housing

Adel Assisted Living

504 Van Fossen Dr.

Adel, IA 50003

Phone: 515-993-5175

Aging Resources of Central Iowa (Area Agency on Aging)

5835 Grand Ave, Suite 106

Des Moines, IA 50312

Phone: 515-255-1310

800-747-5352

Website: www.agingresources.com

Central Iowa Regional Housing Authority (CIRHA)

1201 Gateway Dr.

Grimes, IA 50111

Phone: 515-986-1882

Website: www.cirhahome.org

Crisis Intervention & Advocacy Center

PO Box 40

Adel, IA 50003

Phone: 515-993-4095

800-400-4884 (24 Hour Domestic Abuse Crisis Line)

800-550-0004 (24 Hour Sexual Assault Crisis Line)

Dallas County Local Housing Trust Fund

4200 Mills Civic Pkwy, Suite D

West Des Moines, IA 50265

Phone: 515-273-0770

Dallas County Veteran's Affairs

902 Court Street

Adel, IA 50003

Phone: 515-993-5809

Website: <http://www.co.dallas.ia.us/departments-services/veterans-affairs>

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Deerfield Senior Living Community

1373 Hickman Rd

Urbandale, IA 50323

Phone: 515-267-0438

Website: www.deerfieldrc.com

HOME Inc.

1111 9th Street, Suite 210

Des Moines, IA 50314

Phone: 515-243-1277

Website: www.homeincdsm.org

Iowa Aftercare-Services Network

Phone: 800-443-8336

Website: www.iowaaftercare.org

Iowa Finance Authority (Housing Assistance)

Phone: 515-725-4900

800-432-7230

Website: www.iowafinanceauthority.gov

Iowa Housing Search

Website: www.socialserve.com/tenant/IA/index.html?ch=IA

Legacy Pointe

1650 SE Holiday Crest Circle

Waukee, IA 50263

Phone: 515-987-4100

Website: www.thevillage-legacypointe.com

Region XII Council of Governments (Housing Programs)

1009 E. Anthony Street

Carroll, IA 51401

Phone: 712-792-9914

Website: www.region12cog.org/local_assistance/housing.asp

Spring Valley Retirement Community

501 12th Street

Perry, IA 50220

Phone: 515-465-7500

Website: www.springvalleyassistedliving.org

Spurgeon Manor

1204 Linden Street

Dallas Center, IA 50063

Phone: 515-992-3735

Website: www.spurgeonmanor.com

Street Joseph Emergency Family Shelter

1535 11th Street

Des Moines, IA 50314

Phone: 515-282-1235

Website: www.dmdiocese.org/st-joseph-emergency-family-shelter.cfm

Thomas Place at Waukee

560 SE Brick Dr.

Waukee, IA 50236

Phone: 515-216-1029

Website: www.thomasplaceseniorliving.com/waukee.html

USDA Rural Development Area 6 (Housing)

900 E 2nd Ave., Suite c

Indianola, IA 50125

Phone: 800-670-6553

Website: www.rurdev.usda.gov/ia/

Law Enforcement: Fire, Police, Sheriff

Adel Police and Fire Department

102 S 10th Street

Adel, IA 50003

Non-Emergency Phone: 515-993-6723

Website: <http://www.adeliowa.org>

Clive Police Department

8505 Harbach Blvd

Clive, IA 50325

Non-Emergency Phone: 515-222-3321

Website: <http://www.cityofclive.com/government/police>

Dallas Center Police Department

1402 Walnut Street
Dallas Center, IA 50063
Non-Emergency Phone: 515-992-3086
Website: www.dallascenter.com

Dallas County Sherriff's Office

201 Nile Kinnick Dr. N
Adel, IA 50003
Phone: 911 (Emergency)
Non-Emergency: 515-993-4567
Website: <http://www.co.dallas.ia.us/government/sheriff>

De Soto Police Department

321 Walnut Street
De Soto, IA 50069
Non-Emergency Phone: 515-834-2233
Website: <http://www.desoto-ia.org>

Dexter Police and Fire Department

911 State Street
Dexter, Iowa 50070
Non-Emergency Phone: 515-789-4210 (Police)
515-789-4210 (Fire)

Granger Police and Fire Department

1906 Main Street
Granger, Iowa 50109
Non-Emergency Phone: 515-999-2775 (Police)
515-999-2210 (Fire)
Website: <http://www.grangeriowa.gov>

Perry Police and Fire Department

908 Willis Avenue
Perry, Iowa 50220
Non-Emergency Phone: 515-465-4636 (Police)
515-465-4636 (Fire)
Website: www.perryia.org

Redfield Police and Fire Department

808 1st Street
Redfield, Iowa 50233
Non-Emergency Phone: 515-833-2512 (Police)
515-833-2512 (Fire)
Website: <http://www.redfieldia.com>

Van Meter Police and Fire Department

505 Grant Street
Van Meter, Iowa 50261

Non-Emergency Phone: 515-996-2644 (Police)

515-996-2644 (Fire)

Website: <http://www.vanmeter.govoffice2.com>

Waukee Police and Fire Department

1300 L.A. Grant Parkway

Waukee, Iowa 50276

Non-Emergency Phone: 515-987-1073 (Police)

515-987-4712 (Fire)

Website: <http://www.waukee.org>

Woodward Police and Fire Department

108 E. 1st Street

Woodward, Iowa 50276

Non-Emergency Phone: 515-438-2560 (Police)

515-438-2560 (Fire)

Website: <http://www.woodwardia.org>

Law Enforcement: Mobile Crisis

Mobile Crisis

Call 911: In response to your phone call, the first people to arrive will be law enforcement officers. Officers will determine if it is a mental health related issue and maintain safety at the scene. Officers make a request through dispatch if it is determined the Mobile Crisis Unit is needed.

Legal: Attorneys

Dallas County Attorney

207 N. 9th Street

Adel, IA 50003

Phone: 515-993-5060

Website: <http://www.co.dallas.ia.us/government/attorney>

Dallas County Juvenile Court Services

Dallas County Courthouse

801 Court Street

Adel, IA 50003

Phone: 515-993-5805

Drake Law-Neal & Bea Smith Legal Clinic

2621 Carpenter Avenue

Des Moines, IA 50311

Phone: 515-271-3851

Website: <http://www.law.drake.edu/>

Youth Law Center

Services include free legal advice and information regarding issues affecting youth rights and responsibilities

300 Walnut Street, Suite 295
Des Moines IA 50309
Phone: 515-244-1172
800-728-1172 (Help Hotline)
Website: www.youthlawcenter.org

Legal: Governmental Entities

Department of Correctional Services

Services include: pre-sentence investigations, pre-trial release, probation supervision and parole
Dallas County Adult Probation Office
905 Main Street
Adel, IA 50003
Phone: 515-996-4632

Department of Inspections and Appeals

Provides information to assist in the selection of long term care facilities and investigates complaints alleging improper care or treatment of patients/residents
Health Facilities Division
Lucas State Office Building
321 E. 12th Street
Des Moines, IA 50319
Phone: 515-281-4115
Website: www.dia.iowa.gov/

Disability Rights Iowa

Legal advocacy for persons with disabilities and mental illness
400 E. Court, Suite. 300
Des Moines IA 50309
Phone: 515-278-2502
Toll-Free: 1-800-779-2502
TTY: 515-279-0571 or 1-866-483-3342
Website: <http://disabilityrightsiowa.org/>

Iowa Legal Aid

Provides legal resources and information and referrals to legal aid for financially eligible persons
1111 9th Street, Suite 230
Des Moines, IA 50314
Phone: 515-243-1193
Toll-Free: 800-532-1275
800-992-8161 (Hotline for older Iowans)
800-272-0008 (En Español)
Website: www.iowalegalaid.org

Legal: Guardianship Attorneys

Abendroth and Russell Law Firm
2560 73rd Street

Des Moines, IA 50322
Phone: 515-344-3534
Toll free: 866-623-9760
Website: <http://www.arpclaw.com/>

Citizens Aide & Ombudsman

1112 East Grand Avenue
Des Moines, IA 50319
Phone: (515) 281-3592
Website: <https://www.legis.iowa.gov/Ombudsman/>

Libraries

Adel Public Library

303 10th Street
Adel, Iowa 50003
Phone: 515-993-3512
Website: <http://www.adelpl.org>

Dallas Center Public Library

1308 Walnut
Dallas Center, Iowa 50063
Phone: 515-992-3185
Website:
<http://www.dallascenter.lib.ia.us>

DeSoto Public Library

Walnut Street
De Soto, Iowa 50069
Phone: 515-834-2690
Website: <http://www.desoto.lib.ia.us>

Dexter Public Library

724 Marshall Street
Dexter, Iowa 50070
Phone: 515-789-4490
Website:
www.facebook.com/pages/Dexter-Public-Library/344921825606323

Granger Public Library

2216 Broadway
Granger, Iowa 50109
Phone: 515-999-2088
Website: www.grangeriowa.org/library

Linden Public Library

131 S. Main Street

Linden, Iowa 50146
Phone: 641-744-2124

Minburn Public Library

315 Baker Street
Minburn, Iowa 50167
Phone: 515-677-2712
Website:
<http://minburnlibrary.weebly.com>

Perry Public Library

1101 Willis Avenue
Perry, Iowa 50220
Phone: 515-465-3569
Website: www.perry.lib.ia.us

Redfield Public Library

1112 Thomas Street
Redfield, Iowa 50233
Phone: 515-833-2200

Van Meter Public Library

505 Grant Street
Van Meter, Iowa 50261
Phone: 515-996-2435
Website:
<http://www.vanmeteria.gov/library>

Waukee Public Library

950 Warrior Lane
Waukee, Iowa 50263
Phone: 515-987-7944
Website: www.waukee.org/291/library

Woodward Public Library
118 South Main Street
Woodward, Iowa 50276

Phone: 515-438-2636
Website: www.woodwardlibrary.org

Mental Health: Behavioral Health Intervention Services

Integrative Counseling Solutions Inc.

Provides a comprehensive and holistic approach to mental health treatment which includes: counseling, skill development, psychiatric evaluation and medication management as well as brainwave biofeedback. They serve children, teens, adults, couples and families.

1200 Valley W Dr. # 302
West Des Moines, IA 50266
Phone: 515-267-1340
Website: <http://www.integrativecounselingsolutions.com/>

Life Works Inc.

600 42nd Street
Des Moines, Iowa 50312
Phone: 515-255-8399
Website: www.lifeworksdm.com

Mid Iowa Family Therapy/Institute for Therapy

Home and Community Based Services Waiver provider
600 1st Street
Perry, IA 50220
Phone: 515-465-5739
Website: www.miftc.com

Stepping Stone Family Services

1308 8th St Suite 5
West Des Moines, IA
Phone: 515-276-6338

8350 Hickman Rd
Clive, IA
Phone: 515-276-6380

Youth Homes of Mid America

Offer nine programs that fall under either residential treatment, transitional and independent living or counseling programs, all with the end goal of providing troubled youth and their families a path to independence.

7085 NW Beaver Dr.
Johnston, IA 50131
Phone: 515-276-3473
Website: <http://www.yhma.org/>

Mental Health: Emergency Services

Broadlawns Mental Health
1801 Hickman Road

Des Moines, Iowa 50314
Crisis Line: 515-282-5752
Website: www.broadlawns.org

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street
Perry, Iowa 50220
Phone: 515-465-7541

2111 W Greene
Adel, Iowa 50003
Phone: 515-996-5986
Website: www.genesisdevelopment.com

Youth Emergency & Shelter Services of Des Moines

Crisis Nursery: respite care for families faced with overwhelming stress

918 SE 11th Street
Des Moines, IA 50309
Phone: 515-282-9377
Website: www.yessiowa.typepad.com

Mental Health: In-Home Services

Mid Iowa Family Therapy/Institute for Therapy

Home and Community Based Services Waiver provider

600 1st Street
Perry, IA 50220
Phone: 515-465-5739
Website: www.miftc.com

Mental Health: Inpatient Hospitals

Broadlawns Mental Health

1801 Hickman Road
Des Moines, Iowa 50314
Phone: 515-282-2200
Website: www.broadlawns.org

Mental Health: Out-Patient Therapy

Betroche & Associates

915 Main Street
Adel, IA 50003
Phone: 515-993-4031
Website: <https://www.betrocheandassociates.com>

Dallas County Hospital

Provides outpatient specialty care clinic

610 10th Street

Perry, IA 50220

Phone: 515-465-3547

Website: <http://www.dallascohospital.org>

Eyerly Ball

Provides adult outpatient mental health services, including individual, couple and group counseling

211 S 7th Street, Suite D

Adel, Iowa 50003

Phone: 515-993-2158

Website: www.eyerlyball.org

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street

Perry, Iowa 50220

Phone: 515-465-7541

Website: www.genesisdevelopment.com

2111 W Greene

Adel, Iowa 50003

Phone: 515-996-5986

Mental Health: Psychiatrists

Bertroche & Associates

5525 Meredith Dr.

Des Moines, IA 50310

Phone: 515-334-9484

Child Psychiatry Associates

939 Office Park Road, Suite 200

West Des Moines, Iowa 50265

Phone: 515-288-5570

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street

Perry, Iowa 50220

Phone: 515-465-7541

Website: www.genesisdevelopment.com

2111 W Greene
Adel, Iowa 50003
Phone: 515-996-5986

Kavalier and Associates

1003 Grand Avenue
West Des Moines, Iowa 50265
Phone: 515-267-1003
Website: www.kavalierandassociates.com

Mental Health: Services for Children and Families

Adel Mental Health

Diagnostic evaluation, individual, couples, group therapy, psychological assessment & testing, remedial services

309 S. 7th Street Suite C
Adel, IA 50003
Phone: 515-993-1919
Website: www.adelmentalhealth.com

Broadlawns Mental Health

Provides individual and family counseling services

1801 Hickman Road
Des Moines, Iowa 50314
Phone: 515-282-2200
Website: www.broadlawns.org

Catholic Charities

Provides individual and family counseling services

601 Grand Ave
Des Moines, Iowa 50309
Phone: 515-244-3761
Website: www.dmdiocese.org/catholic-charities.cfm

Children and Families of Iowa

1111 University Avenue
Des Moines, Iowa 50314
Phone: 515-288-1981
Website: www.cfiowa.org

Compass Clinical Associates

2500 82nd Street
Urbandale, Iowa 50322
Phone: 515-412-5112
Website: www.compassclinicalassociates.com

Counseling Associates of Central Iowa

3900 Ingersoll, Suite 201
Des Moines, Iowa 50312
Phone: 515-512-5167
Website: www.counselingassociatesofcentraliowa.com

Counseling for Growth and Change

6959 University Avenue
Windsor Heights, Iowa 50324
Phone: 515-243-1020
Website: www.counselingforgrowthandchange.com

Des Moines Pastoral Counseling

8553 Urbandale Avenue
Urbandale, Iowa 50322
Phone: 515-274-4006
Website: www.dmpcc.org

Family Legacy

Provides individual and family counseling services

185 NE Dartmoor Drive
Waukee, Iowa 50263
Phone: 515-727-1338
Website: www.familylegacycounseling.com

Integrative Counseling Solutions Inc.

Provides individual and family counseling services

506 6th Street
Waukee, Iowa 50263
Phone: 515-267-1340
Website: www.integrativecounselingsolutions.com

1200 Valley West Drive, Suite 306
West Des Moines, Iowa 50265
Phone: 515-267-1340
Website: www.integrativecounselingsolutions.com

I Learn

2130 Grand Avenue
Des Moines, Iowa 50312
Phone: 515-279-3033
Website: www.innovativelearningpros.com

Jeffery Ellens

1045 76th Street, Suite 3030
West Des Moines, Iowa 50266
Phone: 515-777-3388

Kavalier and Associates

1003 Grand Avenue
West Des Moines, Iowa 50265
Phone: 515-267-1003
Website: www.kavalierandassociates.com

Life Works Inc.

600 42nd Street
Des Moines, Iowa 50312
Phone: 515-255-8399
Website: www.lifeworksdm.com

Lutheran Services in Iowa

3125 Cottage Grove Avenue
Des Moines, Iowa 50315
Phone: 515-274-4946
Website: www.lsiowa.org

Orchard Place

808 S 5th Avenue
Des Moines, Iowa 50309
Phone: 515-244-2267
Website: www.orchardplace.org

Providence Place

Comprehensive counseling & support services for all ages
408 SE 2nd Street
Grimes, IA 50111
Phone: 515-986-7255
Website: www.myprovidenceplace.com

Randal Reynolds

4401 Westown Parkway, Suite 309
West Des Moines, Iowa 50266
Phone: 515-440-3804
Website: www.drreynolds.org

Rhonda Lovell

950 Office Park Road, Suite 139
West Des Moines, Iowa 50265
Phone: 515-367-0961

Sharing is Healing

Provides individual and family counseling services
1412 HyVue Street
Adel, Iowa 50003
Phone: 515-231-3198
Website: www.michelleroling.com

Unity Point Health

Provides individual and family counseling services

6000 University Avenue, Suite 200

West Des Moines, Iowa 50266

Phone: 515-241-6212

Website: www.unitypoint.org/desmoines

Wadle and Associates

2327 70th Street

Urbandale, Iowa 50322

Phone: 515-270-1344

Website: www.wadleadassociates.com

West Des Moines Psychology and Associates

1350 NW 138th Street, Suite 200

Clive, Iowa 50325

Phone: 515-223-4188

Website: www.wdmpsy.com

Youth Emergency & Shelter Services of Des Moines

918 SE 11th Street

Des Moines, IA 50309

Phone: 515-282-9377

Website: www.yessiowa.typepad.com/

Mental Health: Supported Community Living Services

Genesis Development

Services offered: outpatient psychotherapy and counseling, assessment and evaluation, psychiatric services, 24 hour emergency mental health assessment—after hours at Dallas County Hospital ER, supported community living, home and vehicle modification, supported employment.

610 10th Street

Perry, Iowa 50220

Phone: 515-465-7541

Website: www.genesisdevelopment.com

2111 W Greene

Adel, Iowa 50003

Phone: 515-996-5986

Iowa Aftercare-Services Network

Programs/services include: housing, food expenses, medical expenses, counseling, education expenses, and transportation assistance

**for those 18-21 who have formerly been in foster care

Youth & Shelter Services

Richard O. Jacobson Family Life Center

125 S. Third Street

Ames, IA 50010

Phone: Kelli Noveshen
515-233-2250 ext. 4562
Toll-free: 800-443-8336
Website: www.iowaaftercare.org

Mid Iowa Family Therapy/Institute for Therapy
Home and Community Based Services Waiver provider
600 1st Street
Perry, IA 50220
Phone: 515-465-5739
Website: www.miftc.com

Parenting

1st Five/New Opportunities

Assists medical practitioners in linking children ages birth to 5 and their families to available community resources. Services are voluntary and free of charge

**Medicaid families may self-refer

23571 Hwy 30 E
PO Box 427
Carroll, IA 51401
Phone: 1-712-792-9266
1-800-642-6330
Website: www.idph.state.ia.us/1stfive/
www.newopp.org

Area Education Agency (Heartland AEA)

Assists parents with questions/concerns regarding their child's development

602 Visions Pkwy (Adel Branch Office)
Adel, IA 50003
Phone: 515-993-4596 (Adel Branch Office)
Toll-Free 800-375-5073
Website: <http://www.aea11.k12.ia.us>

ASK (Access for Special Kids) Resource Center

Services include: information and advocacy, parent-to-parent training, and family support and resources

5665 Greendale Rd, Suite D
Johnston, IA 50131
Phone: 515-243-1713
Website: www.askresource.org

Big Brothers Big Sisters of Central Iowa

Provides community based mentoring for children

9051 Swanson Boulevard
Clive IA 50325
Phone: 515-288-9025
Website: www.bbbsia.org

Child & Dependent Adult Abuse Reporting (Department Human Services)

Hotline to report abuse of children or dependent adults

210 N. 10th Street

Adel, IA 50003

Phone: 800-362-2178

Website: www.dhs.iowa.gov

Child Care Resource and Referral of Central Iowa

Iowa Child Care Resource and Referral agencies are community-based organizations that lend a helping hand to people who care for and about children. By providing resource, education and advocacy, CCRR helps meet your community's needs for affordable and accessible childcare. CCRR provides a variety of services for: parents, childcare providers, employers, and community groups. Guidance can be provided by phone, in person, over the Internet, and in other ways to tailor each specific need.

**Limited funding available to help families pay for childcare while parents are working or attending school. Apply online at www.dhs.state.ia.us

Orchard Place Child Guidance Center

808 5th Ave

Des Moines, IA 50309

Phone: 800-722-7619

Website: www.iowaccrr.org

28059 Fairground Road

Adel, IA 50003

Phone: 515-993-3813

Child Support Recovery

Grimes Child Support Recovery Unit

3560 SW Brookside Dr, Ste E

Grimes, IA 50111-5062

Phone: 515-369-2850

Dallas County Hospital—OB/GYN Care

OB/GYN services are available twice a month; nurse midwife, Lori Steinmann and Dr. Francesca Turner, delivers care.

Dallas County Hospital Specialty Clinic

610 10th Street

Perry, IA 50220

Phone: 515-288-3287 to schedule appointment

Website: <http://www.dallascohospital.org/ob-gyn.cfm>

Dallas County Public Health Nursing

Services include: home health nurses, aides, and therapists; immunizations, and public health education

902 Court Street

Adel, IA 50003

Phone: 515-993-3750

Website:

<http://www.co.dallas.ia.us/index.aspx?page=161>

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street

Adel, IA 50003

Phone: 515-993-5817

Toll-Free: 800-397-3232

Website: www.dhs.state.ia.us/

Online access to applications:

www.oasis.iowa.gov

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Des Moines Pediatric & Adolescent Clinic

Provides medical care for children and families

2555 Berkshire Pkwy, Suite A

Clive, IA 50325

Phone: 515-987-0051

Employee and Family Resources

Provides problem gambling services. Problem gambling services include: Presentations on problem gambling warning signs, behaviors, and risks; Distribution of brochures, flyers, etc. at public forums; Consultation for development of policies that discourage and/or limit gambling activities; School-based presentation to improve decision-making and impulse control for youth; Alternative activities; Parent activities; Referrals

505 Fifth Ave., Suite 600

Des Moines, IA 50309

Phone: 515-244-2297

Website: www.efr.org

HAWK-I (Healthy & Well Kids in Iowa)

Services include: free and low cost health care for kids ages 0-18 including medical, dental and vision

Phone: 800-257-8563

Website: <http://www.hawk-i.org>

Iowa Home Care

Services include: home health and specialized pediatric in-home care (waiver approved) including respite

Des Moines Parent Operation

2500 University Avenue

West Des Moines, IA 50266

Phone: 515-222-9995

Website: <http://iowa-home-care.com/nav.aspx?pid=5>

Iowa Quality Rating System for Child Care

Rates local child care providers and provides this information to parents.

**Providers are rated on: professional education, health and safety, family and community partnerships, and leadership and administration

Iowa Department of Human Services Child Care Unit

Hoover State Office Building
1305 E. Walnut Street
Des Moines, IA 50319
Phone: 515-246-3563

Iowa State University Extension & Outreach

Provides information/education in agriculture; natural resources, community and economic development, nutrition and health, family finance, parenting, child development, 4-H and youth development.

28059 Fairground Rd
Adel, IA 50003
Phone: 515-993-4281
Website: extension.iastate.edu/dallas/

Jordan Creek Pediatric Dentistry

Services include: pediatric dentistry including special needs children

1055 Jordan Creek Pkwy #110
West Des Moines, IA 50266
Phone: 515-222-1800
Website: www.jordancreekpediatricdentistry.com

Lutheran Services in Iowa

Programs and services include: new parent program, supported community living, consumer directed attendant care, transportation, respite, supported employment, and home and vehicle modifications

3116 University Ave.
Des Moines, IA 50311
Phone: 515-271-7411
Website: www.lsiowa.org

Mercy Jordan Creek Pediatric Clinic

Provides pediatric medical care

1055 Jordan Creek Pkwy #102
West Des Moines, IA 50266
Phone: 515-643-9550

Mid Iowa Family Therapy/Institute for Therapy

Programs and services include: child and family therapy, GAPS (Greater Advocacy and Parent Support) for families of children with mental illness, and home and community based services provider

600 1st Street
Perry, IA 50220
Phone: 515-465-5739
Website: www.miftc.com

New Opportunities

Services include: child health (lead testing and I-Smile dental program); maternal health including assistance accessing Medicaid; food pantry serves Perry, Dawson, Bouton, Woodward and Minburn; energy/heat assistance (LIHEAP) and home weatherization; WIC (Women, Infants, Children

supplemental food program); clothes closet including prom dresses; financial literacy counseling; CDAC, Respite, Home and vehicle modification (Home and community based waiver provider); head start and early head start (Adel, Perry, Waukee); and contraceptive services

2810 First Street

Perry, IA 50220

Phone: 515-465-5185 (Family Development Center in Perry)

Toll-Free: 800-642-6330

Website: www.newopp.org

Partners in Family Development

Parents as Teachers program provides parents with child development knowledge and support. Other services include: classes and resources including prenatal classes and a fathers program

1109 2nd Street

Perry, IA 50220

Phone: 515-465-2584

Website: <http://www.partnersinfamilydevelopment.org>

Providence Place Counseling and Support Services

Services provided are comprehensive counseling and support services for all ages and STEPPS and STAIRWAYS group therapy

408 SE 2nd Street

Grimes, IA 50111

Phone: 515-986-7255

The Respite Connection

Services include: respite, supported community living, networking groups for parents and siblings, and home and vehicle modifications

2469 106th Street

Urbandale IA 50322

Phone: 515-277-1050

Toll-Free: 866-377-1050

Website: www.respiteconnection.com

Youth Emergency & Shelter Services of Des Moines

Services include: crisis nursery (respite care for families faced with overwhelming stress, and individual, family and group counseling

918 SE 11th Street

Des Moines, IA 50309

Phone: 515-282-9377

Website: www.yessiowa.typepad.com/

Waukee Community School District » Parent University

560 SE University Ave

Waukee, IA

Website: www.waukeeschools.org/our-district/community-education/parent-university/

Phone: 515-987-5161

Peer Support Programs

Alcoholics Anonymous

Support group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Intergroup/Central Office

1620 Pleasant Street, Suite 228

Des Moines, IA 50314

Phone: 515-282-8550 (24-hour service)

For a list of meetings in Iowa by town: www.aa-iowa.org/index.php?id=103

Alzheimer's Association Greater Iowa Chapter

Services provided include: support groups, care consultation, advocacy, education and training, and medic alert/safe return +

1730 28th Street

West Des Moines, IA 50266

Phone: 515-440-2722

24-Hour Helpline: 800-272-3900

Website: www.alz.org/greateriowa

Broadlawns Mental Health

Offers a variety of support groups

1801 Hickman Rd.

Des Moines, IA 50314

Phone: 515-282-2200

Community Access Program (CAP)

Phone: 515-282-6770

Website: www.broadlawns.org/support-groups-and-classes.cfm

Celebrate Recovery/Lutheran Church of Hope

Support group for people who are affected by: abuse (physical, emotional, verbal, sexual); adult children of alcoholics (dysfunctional families, ACA/ADA); alcohol; anger and broken relationships; anxiety and depression; codependency; co-addicted spouses of sexually addicted partners (COSA); drugs; financial recovery and gambling; food related issues/eating disorders; and sexual addictions/pornography

925 Jordan Creek Parkway

West Des Moines, IA 50266

Phone: 515-222-1520

Website: www.hopewdm.org

Crisis Intervention & Advocacy Center

Services for those experiencing domestic violence and/or sexual assault, homelessness prevention/housing, addiction support group for women (W.E.A.L. Women Ending Addictions for Life), and abuse and violence prevention education programming for a variety of ages

911 Court Street

Adel, IA 50003

Phone: 515-993-4095

Dallas County Hospital

Provides a diabetes support group

610 10th Street

Perry, IA 50220

Phone: 515-465-3547

Website: <http://www.dallascohospital.org>

Freedom for Youth

2301 Hickman Rd

Des Moines, IA 50310

Phone: 515-282-4822

HCI Care Services

Provides bereavement counseling and grief support groups

610 10th Street

Perry, IA 50220

Phone: 515-465-4705

Website: www.hcicare.services.org

Integrated Health Program at LifeWorks

554 28th Street

Des Moines, IA 50312

Phone: 515-255-8399

Website: www.lifeworksdm.com

Narcotics Anonymous

Support group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from drugs.

South Central Area of Narcotics Anonymous

PO Box 743

Des Moines, IA 50303

Phone: 515-244-2277 (Help Line)

Website: www.iowa-na.org/

The Respite Connection

Services include: respite, supported community living, networking groups for parents and siblings, and home and vehicle modifications

2469 106th Street

Urbandale IA 50322

Phone: 515-277-1050

Toll-Free: 866-377-1050

Website: www.respiteconnection.com

Recreation: Bike Trails

High Trestle Trail

25 miles

No fees; all hours

Raccoon River Valley Trail

89 miles with 72-mile interior loop

Daily permit: \$2 per trail user

Website: www.raccoonrivervalleytrail.org

Recreation: Parks and YMCAs

Adel Parks and Recreation

301 S. 10th Street

Adel, IA 50003

Phone: 515-993-4525

Website: http://www.adeliowa.org/dept_parks.page

Brenton Arboretum

25141 260th Street

Dallas Center, IA 50063

Phone: 515-992-4211

Website: www.thebrentonarboretum.org

Dallas Center Parks and Recreation

1502 Walnut Street

Dallas Center, IA 50063

Phone: 515-992-3725

Dallas County Conservation

14581 K Ave.

Perry, IA, 50220

Phone: 515-465-3577

Website: www.co.dallas.ia.us

Perry Parks and Recreation/McCreary Center

1800 Pattee St

Perry, IA 50220

Phone: 515-465-5621

Website: www.perryia.org

Raccoon River Valley Trail Association (RRVTA)

14581 K Ave.

Perry, IA 50220

Phone: 515-465-3577

Website: www.raccoonrivervalleytrail.org

Waukee Parks and Recreation

1205 6th St

Waukee, IA 50263

Phone: 515-978-0007

Website: www.waukee.org

Waukee YMCA

210 N Warrior Lane
Waukee IA 50263
Phone: 515-987-9996
Website: www.dymymca.org

Service Coordination Services

Department of Human Services

Financial and supportive services include: family investment program (FIP), adult mental health, daycare, child welfare services (foster care, family counseling), and dependent adult and child protective services

210 N. 10th Street
Adel, IA 50003
Phone: 515-993-5817
Toll-Free: 800-397-3232
Website: www.dhs.state.ia.us/
Online access to applications: www.oasis.iowa.gov

**New address as of November 1, 2015

Human Service Campus
25747 North Ave.
Adel, IA 50003

Heart of Iowa Regional Transportation Agency

101 N 9th Street
Adel, Iowa 50003
515-993-4531
515-993-2216
515-465-2300

Integrated Health Program

Provides care coordination and family peer support for families with children diagnosed with mental health illnesses

554 28th Street
Des Moines, Iowa 50312
Phone: 515-255-8399
Website: www.lifeworksdm.com

Support Groups

Alcoholics Anonymous

Support group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Intergroup/Central Office
1620 Pleasant Street, Suite 228
Des Moines, IA 50314

Phone: 515-282-8550 (24-hour service)

Toll free: 1-800-207-2172

For a list of meetings in Iowa by town: www.aa-iowa.org/index.php?id=103

Alzheimer's Association Greater Iowa Chapter

Services provided include: support groups, care consultation, advocacy, education and training, and medic alert/safe return +

1730 28th Street

West Des Moines, IA 50266

Phone: 515-440-2722

24-Hour Helpline: 800-272-3900

Website: www.alz.org/greateriowa

Broadlawns Mental Health

1801 Hickman Road

Des Moines, Iowa 50314

Phone: 515-282-2200

Website: www.broadlawns.org

Celebrate Recovery/Lutheran Church of Hope

Support group for people affected by abuse, alcohol, anger & broken relationships, anxiety & depression, codependency, co-addicted spouses of sexually addicted partners, drugs, financial recovery & gambling, food related issues/eating disorders, sexual addictions/pornography

925 Jordan Creek Parkway

West Des Moines, IA 50266

Phone: 515-222-1520

Website: www.hopewdm.org

Crisis Intervention & Advocacy Center

Services include: services for those experiencing domestic violence and/or sexual assault; homelessness prevention/housing; Addiction support group for women (W.E.A.L. Women Ending Addiction for Life); abuse and violence prevention education programming for a variety of ages

911 Court Street

Adel, IA 50003

Phone: 515-993-4095

Dallas County Hospital

Provides diabetes support group

610 10th Street

Perry, IA 50220

Phone: 515-465-3547

Website: <http://www.dallascohospital.org>

Divorce Care

Confidential, weekly seminar and support group composed of those hurting from a divorce. Offer support and information of how to heal and ways to handle the stress.

Lutheran Church of Hope

925 Jordan Creek Parkway

West Des Moines, IA 50266

Phone: 515-222-1520
Website: www.hopewdm.org
Tuesdays, May 12-August 11 7-8:30pm

HCI Care Services

Provides grief support groups
Phone: 800-806-9934
Website: www.hcicare.services.org

Narcotics Anonymous

Support group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from drugs.

South Central Area of Narcotics Anonymous
PO Box 743
Des Moines, IA 50303
Phone: 515-244-2277 (Help Line)
Website: www.iowa-na.org/

N.A.M.I. Family to Family Support Group

This group is led by a trained facilitator and offers support needed by families and caregivers who have a loved one with a mental illness. This is a place to share, discuss and resolve issues as they come up.

Lutheran Church of Hope
925 Jordan Creek Parkway
West Des Moines, IA 50266
Phone: 515-222-1520
Website: www.hopewdm.org
Second Thursday of the month 6:30-8:30pm

Post-Adoption Support Group

Community of adoptive families providing support for one another, as well as encouragement and helpful advice.

Lutheran Church of Hope
925 Jordan Creek Parkway
West Des Moines, IA 50266
Phone: 515-222-1520
Website: www.hopewdm.org
Fourth Monday of the month, January 26- August 24 6-8:30pm

Providence Place

Comprehensive counseling & support services for all ages
408 SE 2nd Street
Grimes, IA 50111
Phone: 515-986-7255
Website: www.myprovidenceplace.com

The Respite Connection

2469 106th Street
Urbandale IA 50322

Phone: 515-277-1050
Toll-free: 866-377-1050
Website: www.respiteconnection.com

Transportation

Fraser Wheelchair Transportation-Fraser Ambulance

Transportation for disabled
4780 NE 3rd Street
Des Moines, IA 50313
Phone: 515-284-1111
Website: www.fraserambulance.com/services/wheelchair-transportation/

Grimes Volunteer Support Services

Transportation for Grimes community
404 SE Second Street
Grimes, Iowa 50111
Phone: 515-986-5355
Website: info@grimesVSS.com

HIRTA/Home Care Inc.

Public Transit available in Dallas County
101 N. 9th Street
Adel, IA 50003
Phone: 515-993-4531
Perry number: 515-465-2300
Granger number: 515-999-2216
Website: www.homecareadel.dreamhosters.com

Homestead Living

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, respite, transportation, and consumer directed attendant care
1625 Adventureland Dr.
Pleasant Hill, IA 50327
Phone: 515-967-4369
Website: www.thehomestead.org

HOPE

Services for people with disabilities include: supported community living (Home and Community Based Services Waiver provider), supported employment, adult day care, respite, transportation, vehicle modification, consumer directed attendant care
2823 43rd Street
Des Moines, IA 50310
Phone: 515-277-4673
Toll-free: 888-386-2795
Website: www.hope-agency.org

Joy Ride

Transportation for disabled
3000 Justin Drive, Suite A
Urbandale, Iowa 50322
Phone: 515-331-1100

Link Associates

Transportation Services
1452 29th Street
West Des Moines, IA 50265
Phone: 515-262-8888
Website: www.linkassociates.org

Lutheran Services in Iowa

Transportation Services
3116 University Ave.
Des Moines, IA 50311
Phone: 515-271-7411
Website: www.lsiowa.org

Mainstream Living

Transportation for disabled
2101 Lucinda
Perry, Iowa 50220
Phone: 515-465-8199

Midwest Ambucare

Transportation for disabled
2535 106th Street
Urbandale, IA 50322
Phone: 515-222-2222
Website: www.midwestambucare.com

Private Driver for Hire

Provides transportation in the communities of Adel, Waukee, West Des Moines, Urbandale, Windsor Heights, Clive, Dallas Center, Grimes
Phone: 515-402-5523

Sisters Transportation

Provides transportation services
110 5th Street, Suite A
West Des Moines, IA 50265
Phone: 515-277-6096

TMS Transportation

Medicaid recipient transportation to access non-emergency medical services
Phone: 866-572-7662

Trans Iowa

Disability accessible transportation services (Home and Community Based Services Waiver provider)

1550 East Army Post Road

Des Moines, IA 50320

515-263-0122

Website: www.transiowa.com

Veteran Services

Dallas County Veteran's Affairs

Services include: pensions, schooling, housing, referrals to VA Hospital and Veteran's homes, and transportation & emergency temporary needs

902 Court Street

Adel, IA 50003

Phone: 515-993-5809

Website: <http://www.co.dallas.ia.us/department-services/veterans-affairs>

**New address as of November 1, 2015

Human Service Campus

25747 North Ave.

Adel, IA 50003

Veteran's Crisis Line

Free, confidential support for Veterans in crisis and their families and friends.

Phone: 800-273-8255

Website: www.veteranscrisisline.net/

Des Moines Vet Center

1821 22nd Street #115

West Des Moines, IA 50266

515-284-4929

Website: <http://www.va.gov/directory/guide/facility.asp?ID=5400>

Vision

Charles Varcoe OD

209 Nile Kinnick

Adel, IA 50003

Phone: 515-993-4753

Children's Eye Clinic

Provides Medical, surgical and routine eye care for children

6000 University Ave. #210

West Des Moines, IA 50266

Phone: 515-222-1180

Website: www.childreneyeclinic.com

Eye Care Associates

1313 2nd Street
Perry, IA 50220
Phone: 515-465-4203

Family Eye Clinic of Perry

1326 2nd Street
Perry, IA 50220
Phone: 515-465-3556

HAWK-I (Healthy & Well Kids in Iowa)

Provides Free and low cost health care coverage for kids ages 0-18 including medical, dental and vision

Toll-free: 800-257-8563
Website: <http://www.hawk-i.org>

Iowa Department for the Blind

Provides education, information and resources

524 Fourth Street
Des Moines, IA 50309
Phone: 515-281-1333
Toll-Free: 800-362-2587
Website: www.idbonline.org

LensCrafters

101 Jordan Creek Pkwy Ste 12190
West Des Moines IA 50266
Phone: 515-267-1047
Website: www.lenscrafters.com

TLC Laser Eye Center

1225 Jordan Creek Pkwy Ste 104
West Des Moines IA 5026
Phone: 515-697-0066

Waukee Eye Clinic

225 NE Dartmoore Dr., Ste 200
Waukee, IA 50263
Phone: 515-987-3461

Wolfe Eye Clinic

6200 Westown Pkwy
West Des Moines IA 50266
Phone: 515-223-8685
Website: www.wolfeeyeclinic.com