

Madison County
Mental Health & Substance Abuse Resource Guide

➤ **American Lung Association in Iowa**

2530 73rd St.,
Des Moines, IA 50322
515-309-9507

UMlowaInfo@lung.org

Saving lives by improving lung health and preventing lung disease, through research, education and advocacy.

➤ **Borst Counseling Services, LLC**

Michael S. Borst, MA, LMHC
2601 Border St.
Norwalk, IA 50211
515-240-9474

Services to adults, families and children (10 and older) in areas of marriage, parenting, stress management, depression and anxiety, grief and loss, along with many child behavioral issues.

➤ **Central Iowa Recovery**

500 Fairmeadow Dr.
Webster City, Iowa 50595
515-832-9550

www.centraliowarecovery.org

Assisting adults with mental illness with major life goals.

➤ **Central Iowa Psychological Services**

3737 Woodland Ave, Ste 415
West Des Moines, IA 50266
Phone: 515-222-1999
Fax: 515-224-3949

www.iowacounseling.com

Offering comprehensive substance abuse services, psychological assessments and counseling for children (as young as age 2), adolescents, adults, elder adults, couples, and families.

➤ **Crisis Intervention & Advocacy Center**

PO Box 40
Adel, IA 50003
515-993-4095

24 Hour Toll Free Crisis Line 1-800-400-4884; Emergency Shelter; Individual & Group Counseling; Hospital Accompaniment; Legal, Medical, and Personal Advocacy; Early Intervention Program; Sexual Assault Response Team; Youth Prevention and Education; Violent Crimes Advocacy

➤ **Crossroads Behavioral Health Services &
Crossroads Integrated Health Program**

102 W. Summit St.
Winterset, Iowa 50273
515-462-3105

Psychiatric Services including assessment, medication consultations, prescriptions and medication management and education for individuals and family members. Mental health therapy for adults, adolescents and children from age 2 and older. Integrated Program provides holistic care services to improve physical, mental and social health care services for adults with a serious mental illness and children with serious emotional or behavioral disorders. A care team consists of a Care Coordinator, Nurse Care Coordinator, and a Family/Peer support Specialist.

➤ **Employee and Family Resources**

Substance Abuse Prevention Program
501 SW 7th St, Suite G
Des Moines, IA 50309
515-244-2297

Delivering prevention, treatment and intervention services that support and enhance the health and wellbeing of individuals, families, and communities.

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➤ **Eyerly Ball – Jail Diversion Program**

209 E. Madison St.
Winterset, IA 50273
515-241-0982

<http://www.eyerlyball.org/>

Aims to prevent or minimize the number of mentally ill individuals in jail by providing supportive services during incarceration followed by community-based treatment upon release.

➤ **House of Mercy**

1409 Clark St.
Des Moines, IA 50314
515-643-6500

Dedicated to assisting pregnant, parenting/non-parenting and adolescent/adult women in developing personal responsibility and independence through counseling, education and medical care in collaboration with other caring individuals.

➤ **Madison County Community Services/Mental Health Case Management**

209 E. Madison
Winterset, IA 50273
515-462-2931

Coordinate services to individuals that have a mental health illness, mental retardation or developmental disability. There are income and resource guidelines.

➤ **Mercy First Step Recovery Center**

1111 6th Ave., West Entrance
Des Moines, Iowa 50314
(515) 271-6111

<http://www.mercydesmoines.org/behavioralhealth/alcohol->

Social and psychological services, with medical care and can arrange for additional community resources, if needed. Personalized and confidential treatment options are available for people of all ages and do not require a referral from a family physician.

➤ **National Alliance on Mental Illness (NAMI)**

NAMI – Iowa & Greater Des Moines
PO Box 12174
Des Moines, IA, 50312
515-277-0672

Provides support groups and education to outreach and advocacy, providing tools needed by friends, families and persons with mental illness of all ages.

➤ **Orchard Place**

School Based Mental Health Therapy
808 S. 5th Ave
Des Moines, IA 50309
515-244-2267
515-360-8924

➤ **Powell Chemical Dependency Center**

700 E. University Ave.
Des Moines, IA 50316
515-263-2424

www.unitypoint.org/desmoines/powell

Safe and supportive setting where individuals can face their drug and alcohol abuse and learn to recover. Allows individuals to work with their families to rebuild their lives damaged by drug abuse.

➤ **Turning Point Evaluation, Inc.**

113 N. John Wayne Dr.
Winterset, IA 50273
515-462-5967

<https://turningpointevaluation.org/>

Provides Mental Health Therapy, Substance Abuse Therapy, Equine Assisted Psychotherapy, and Behavioral Health Intervention Services (BHIS).