

Dallas County Family Support Referral Map

Purpose: The purpose of the family support referral map is to provide a simple tool to access and identify services.

Definition: Family support programs includes group-based parenting education or home visiting programs that are designed to strengthen protective factors, including parenting skills, increasing knowledge of child development, and increasing family functioning and problem solving skills.

Program Name	Parents as Teachers	New Parent Program	Early Head Start	FaDSS	Parenting Education	Maternal Child Health Title V	Early Access
Agency & Contact Info	Partners in Family Development 515-962-1020	Lutheran Services in Iowa 515-274-4946	New Opportunities Inc 712-830-8583	Youth & Shelter Services 515-233-3141	ISU Extension & Outreach 515-993-4281	VNS of IA 515-558-9946	Heartland AEA 888-425-4371
Home Visitation	X	X	X	X			X
Group Parent Education	X		X		X	X	
Evidenced based program	X	X	X	X	X		X
No Cost	X	X	X	X	X	X	X
Eligibility	<ul style="list-style-type: none"> ●Must reside in the County ●Have child age prenatal up to kindergarten entry 	<ul style="list-style-type: none"> ●Must reside in the County ●Be prenatal or have newborn up to 90 days after birth ●High risk 	<ul style="list-style-type: none"> ●Must reside in the County ●Income eligibility requirements ● Children ages birth to three and expectant mothers 	<ul style="list-style-type: none"> ●Must be receiving FIP ●Participating in Promise Jobs. 	<ul style="list-style-type: none"> ●Open to residents of Dallas and surrounding counties ●Children aged 0-6 	<ul style="list-style-type: none"> ●Reside in Dallas County ●Income requirements 	<ul style="list-style-type: none"> ●Must reside in the County, birth to 3 years ●Delay in a developmental area, health or physical
Program Description	<ul style="list-style-type: none"> ●Long term home visitation ●Offers personal visits ●Group based parenting education ●Developmental screenings ●Connects families to community resources 	<ul style="list-style-type: none"> ●Strength based ●Long term, (up to 5 years) ●Holistic family focused ●Pre & post natal education for a healthy pregnancy, birth, and beyond ●Track/monitor developmental milestones 	<ul style="list-style-type: none"> ●Weekly home visits with lesson plans for the child ●Bi-monthly socializations for enrolled families ●Developmental screenings ●Assistance with health, mental health and dental needs 	<ul style="list-style-type: none"> ●Home visiting program ●Voluntary and free ●Provides families with referrals to community services ●Help with job opportunities ●Enroll family in FIP (Family Investment Program) 	<ul style="list-style-type: none"> ●Group based parenting education ●Connects families to community resources ●Series of classes offered multiple times throughout the year ●Offers Great Beginnings, Family Storyteller, Together We Can 	<ul style="list-style-type: none"> ●Individualized health education & support ●Screenings ●Community referrals 	<ul style="list-style-type: none"> ●Early Intervention ●Speech and Language services ●Developmental services ●Family training and/or counseling ●Individualized special Instruction ●Free Hearing screens
Participant Benefits	<ul style="list-style-type: none"> ●School readiness & success ●Learn about child development ●Improve parenting practice ●Parent support 	<ul style="list-style-type: none"> ●Increase positive parent child interaction(s) ●Build strategies for positive discipline ●Connect with local resources 	<ul style="list-style-type: none"> ●School Readiness for the child ●Support for parents as the child's first and best teacher ●Ensure the child is achieving developmental milestones 	<ul style="list-style-type: none"> ●Focus on families long term success ●Advocate with families for other services ●Parent support ●Improve parenting skills 	<ul style="list-style-type: none"> ●Improves parenting practices & skills ●Learn about child development ●Parental support ●Strengthen family relationships 	<ul style="list-style-type: none"> ●Increase positive parenting practices ●Understanding around health through individualized and culturally sensitive support by RN 	<ul style="list-style-type: none"> ●Early childhood readiness skills ●Appropriate child activities ●Family focused ●Identify ongoing services over age 3

Examples of Appropriate Referrals to Family Support Programs	
Scenario 1	Appropriate Referral
Primary caregiver resides in Dallas County, is an expectant first-time parent who is receiving FIP benefits. She has completed the 11th grade and resides with her parents. She is interested in parenting information and support, as well as, getting connected to formal and informal supports in the community. Proper nutrition and eating during pregnancy are also concern.	<ul style="list-style-type: none"> • Maternal Child Health • New Parent Program • FaDSS • Early Head Start • Parenting Education
Scenario 2	Appropriate Referral
Primary caregiver resides in Dallas County is 23 years old . Expresses concerns over social-emotional development of her 2.5 year old . She is also expecting another child and recently moved to Dallas County. She is married and she and her 28 year old spouse have college degrees. She has chosen to stay home and they are at 200% of federal poverty . She would like to get connected to other parents with children under five.	<ul style="list-style-type: none"> • Maternal Child Health • Parents as Teachers • Early Access • Parenting Education
Scenario 3	Appropriate Referral
Primary caregiver resides in Dallas County, is 32 years old and is 21 weeks pregnant with a second child. Mom is working part-time, struggles to keep employment, and has minimal support. She wants help locating needed items to prepare for new baby and not sure where to start. She receives WIC, Medicaid, and FIP and has questions regarding labor and medical coverage for when baby arrives.	<ul style="list-style-type: none"> • New Parent Program • Maternal Child Health • FaDSS • Early Head Start
Scenario 4	Appropriate Referral
Primary caregiver resides in Dallas County and is a 21 year old male that has concerns that his two year old child is not talking and throws temper tantrums .	<ul style="list-style-type: none"> • Early Access • Parents as Teachers
Scenario 5	Appropriate Referral
Primary caregiver resides in Dallas County and is a young single mother with one child that is 4 months old . Caregiver does not have a strong support system and struggles to know how to care for her child. Her income is solely FIP .	<ul style="list-style-type: none"> • FaDSS • Early Head Start • Parents as Teachers • Parenting Education
Scenario 6	Appropriate Referral
Caregiver resides in Dallas County, is the mom of an 18 month old and a 3 1/2 year old . Both she and her husband work full time. She is interested in parenting information and support to know what is appropriate to expect from her children, to help them with their future school success, learn ways to help her children behave and get along.	<ul style="list-style-type: none"> • Parenting Education • Parents as Teachers

WIC = Women Infant and Children's (food program)

Hawk-i = Health and Well Kids in Iowa (health insurance program)

FPL = Federal Poverty Level

CHV = Community Home Visitation

FIP = Family Investment Program (cash assistance to needy families)

Medicaid or Title 19 = health insurance

VNS of IA = Visiting Nurse Services of Iowa

MCH = Maternal child health