

**Success 4 Kids
&
Adair County Early Childhood Committee
Minutes/Notes**

Tuesday October 8, 2019
Adair County Extension
154 Public Square
Greenfield, Iowa 50849

Meeting began at 2:00.

Attendance

Samra Hiros, Stephanie Claussen, Dawn Walton, Connie Lundy, Kristie Nixon, Val Cameron, Brenda Comer, Megan Parsons, Danielle Morgan, and Debra Schrader

Announcements

- The Adolescent health profile for Adair County was disseminated. You can access this information by contacting IDPH Mary Greene mary.greene@idph.iowa.gov.
- The Adolescent Health profile for Adair County was shared. Tobacco use and substance abuse are of great concerns.
- Information was shared regarding the crisis of children's mental health care in Iowa.
- Population trend data was shared, from 2000-2018 Adair County has lost 16.7% of the population. Greenfield had a loss of 7.4% and Stuart had a gain of 7.4%
- Toddlerfest is scheduled for April 13, 2020 from 5:00-7:00 at the Nodaway Valley Elementary.
- I Spy Choking Hazard will be November 12, 2019 at the Greenfield Library from 5:30-6:30.
- Fall Into Reading will be October 21 at the YMCA in Creston.
- Blockfest will be December 2, 2019 at 5:30 at the Nodaway Valley Elementary.
- Domestic Abuse Awareness day is October 24 and every is encouraged to wear purple.
- Care for Yourself program provides free medical services for paps, mammograms and other services. Contact Adair County Public Health for more information.
- Adair County Public Health will be conducting the CHNA/HIP in the next few months.

Success 4 Kids

Treasurers Report

The FY19 books have been closed and SWCC has received all payments for FY19.

FY20 Contractor Update

SWCC Parents as Teachers provided an update on the families served, in the first quarter 19 families were served and 65 visits completed. Parents as Teachers will be going through Family Support re-credentialing next spring.

FY21 Planning

To date there is no information as to when the RFP will be released, other than it will be released sometime in this fiscal year. The plan will be continue to support family support services and to also apply for sexual abuse prevention.

Regional Meeting

Stephanie, Val and Deb attended the PCA regional meeting in Des Moines October 4, 2019. The new PCA director was in attendance, child abuse data was shared along with several other updates.

American Lung Association

Samra Hiros handed out an action plan document detailing the tobacco control work for Adair County. Staff has checked in with past leads to assist with the implementation of a tobacco-free and nicotine-free policy. Staff continues to conduct outreach to assist at least one business to update their tobacco policy to be best practice. If your business does not have a tobacco-free and nicotine-free policy, reach out to Samra at samra.hiros@lung.org for free technical assistance. If tobacco cessation resources are needed, also send this request on to Samra. Another update Samra provided was that she presented to the Nodaway Valley High School staff recently. Approximately 40 staff were in attendance. Samra dropped off many "Think Before You Vape" posters to this school to hang up around the premises. Staff also has a presentation scheduled at West Central Valley High School. It is anticipated that 260 students grades 9-12 will be in attendance. Samra also shared the recent data surrounding vaping and severe lung disease. Please see the handout for more information. The handout also includes resources for youth, such as the My Life, My Quit program as well as a text-based e-cigarette quit program. Samra also showcased a Nicotine youth handout to the coalition as well as brought extra copies of "Think Before You Vape" posters for coalition members to take with them to potentially hang up or distribute in their workplaces.

Early Childhood Committee

DCAT/CPPC

There are still mini grants in the amount of \$950 still available.

4 R Kids Board

The Board is seeking two board members, preferably male, to serve Adair County. Contact Deb Schrader if you know of someone at 4rkidseci@gmail.com.

ECI Needs Assessment

State ECI conducted a statewide early childhood needs assessment, the findings were that access to child care is the biggest issue, word of mouth is how parents learn about child care openings and information from providers is where they learn about other services.

Indicators

The 4 R Kids Board will be reviewing indicators at their December meeting and input is being sought from the early childhood committees regarding a possible change. The unemployment rate has been tracked for several years and has become an indicator that is not as relevant as it once was. The % of families with both parents in the workforce with children under age 6 is more relevant to the area. It was group consensus to change the indicator.

Designation

The 4 R Kids Board will be going through Designation next year and information was shared regarding the process. Community Partners will be invited to attend a community meeting.

Community Meeting

The 4 R Kids ECI board will be sponsoring a community meeting December 17, 2019 from 12:00-1:00. Dave Stone advocacy officer with United Way of Central Iowa will be the guest speaker. RSVP is required by contacting Deb Schrader.

Next Meeting

Meeting adjourned at 3:05. The next meeting will be December 10, 2019 @ 2:00 p.m. at the Adair County Extension office.

Respectfully submitted by Debra Schrader, ECI Director



The American Lung Association holds the Community Partnership grant funded by the Iowa Department of Public Health. We serve Polk, Dallas, Warren, Jasper, Marshall, Adair, Union and Madison Counties and follow best practices for tobacco control outline by the CDC:

- 1) Prevent initiation of tobacco use among youth
- 2) Promote youth and adult tobacco cessation
- 3) Reduce secondhand smoke exposure
- 4) Identify and eliminate tobacco related disparities among population groups

FY2020 Initiatives for Adair County (As of 10/08/19)

Adair County FY2020: \$10,000.

Tobacco-free Worksites (0/1)

- Reached out to leads from last fiscal year
- Planning on conducting more drops.

Coalition Development

- Please feel free to grab “The Think Before You Vape” posters brought to this coalition meeting. Feel free to hang these up or distribute in your workplaces or areas you feel appropriate. For any additional materials, reach out to: samra.hiros@lung.org

Other Notes:

- Presented at the Nodaway Valley High School to staff in quarter 1. Approximately 40 staff were in attendance.
- Staff has a presentation scheduled in Stuart at the end of October. The presentation will be to 260 students at West Central Valley High School (Guthrie County). A physician and a nurse will join the presentation/talk about vaping.

Ongoing outbreak of Lung Injury Associated with E-Cigarette Use, or Vaping:

(As of 10/8/19):

- As of October 1, 2019, 1,080* lung injury cases associated with using e-cigarette, or vaping, products have been reported to CDC from 48 states and 1 U.S. territory.
- Eighteen deaths have been confirmed in 15 states.
- All patients have reported a history of using e-cigarette, or vaping, products.
- Most patients report a history of using THC-containing products. The latest national and regional findings suggest products containing THC play a role in the outbreak.
- Approximately 70% of patients are male.
- Approximately 80% of patients are under 35 years old.
 - 16% of patients are under 18 years old
 - 21% of patients are 18 to 20 years old

Resources: There are resources to help youth. Programs like *My Life, My Quit* and a free text-based e-cigarette quit program provide free confidential help for teenagers interested in quitting vaping.

To enroll in the *My Life, My Quit* program, visit mylifemyquit.com or call 1-800-QUIT-NOW. To enroll in the text-based e-cigarette quit program, text “DITCHJUUL” to 88709.