

**Success 4 Kids  
&  
Adair County Early Childhood Committee  
Minutes/Notes**

Tuesday October 11, 2022  
United Methodist Church  
108 SW 5<sup>th</sup> Street  
Greenfield Iowa 50849

A [Google Folder](#) contains handouts and other information.

**Meeting began at 2:00.**

**Attendance**

Lisa Carstens, Amanda McCall, Amanda Wahlert, Lisa Carstens, Tinneal Harris, Bailey Wignes, Kristie Nixon, Courtney Adair, Myra Willms, Val Cameron and Debra Schrader.

**Announcements and Agency Updates**

- Lisa Carstens, Lisa Carstens, certified prevention specialist with ZION Integrated Behavioral Services, talked to the group and asked for feedback regarding this year's media plan to promote the IDPH approved media campaign, Be #1 at Getting Help (problem gambling). They plan to promote it via radio, newspaper, and printed posters in the county. They are also planning to do some additional prevention work on sports betting during times like the Superbowl and March Madness. She asked if the group had any other suggestions on places/ways they could provide resources or share materials. Coalition members agreed that Adair County is rural with an older population; therefore, radio and newspaper advertisements are still very important.
- Dawn Walton, certified prevention specialist with ZION Integrated Behavioral Services, updated the Adair County KIDS Coalition about our alcohol priority. Specifically, the strategy alcohol restrictions at community events, explaining the purpose is to update and/or change policies and/or procedures. These policies and procedures could be changed as an example to limiting individuals (ages 25-26) to two drinks and the restriction of alcohol to intoxicated persons. Dawn Walton, certified prevention specialist with ZION Integrated Behavioral Services, updated the Adair County KIDS Coalition about our prescription drug priority. Specifically, the Generation Rx curriculum, explaining that we are looking for contacts to implement this curriculum to individuals 65+. Our goal is to present Generation Rx twice a year until June 2024 reaching 60 individuals 65+.
- Zion Integrated Behavioral Health, Amanda McCall report - Are you or a loved one facing a problem with gambling? You are not alone. Gambling can go from fun to out of control quickly. In fact, in any given year, about 14% of adult Iowans will experience a problem related to their gambling. Getting help is one of the best things for your relationships, work, and all other aspects of your life. That's why it's so important to recognize the warning signs. Source: <https://yourlifeiowa.org/gambling> Objectives of this presentation: What are the different types of Gambling, Prevalence of Gambling, Where does someone get help? Please consider registering for one of the following sessions: When: Nov 8, 2022 12:00 PM Central Time (US and Canada) Register in advance for this meeting: <https://us02web.zoom.us/j/9101111111> When: Nov 15, 2022 12:00 PM Central Time (US and Canada) Register in advance for this meeting: <https://us02web.zoom.us/j/9101111111> When: Nov 22, 2022 12:00 PM Central Time (US and Canada) Register in advance for this meeting: <https://us02web.zoom.us/j/9101111111>
- Public Health - Testing only recommended if symptomatic. Masking is optional for patients/visitors at ACHS (staff still wear them in direct patient care). BiValent COVID boosters are available (Just approved in September and covers the original strain and Omicron) and recommended for age 12 and older as long as it has been 2 months since 2 months after finishing primary series or 2 months since last booster – by appointment. Flu clinics are held Wednesdays 1-5:30 pm thru Oct at least otherwise by appointment (COVID boosters can be done at the same time).
- SWCC – Parents as Teachers will be implementing a new PAT logo. The early childhood education and CDA is changing to a certificate of associates of arts (AA) degree.

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- Treasures Report - none
- FY23 Program Update – The first quarter report was reviewed. The benchmarks are to provide 6 sessions and serve 36 adults; to date 1 session and 4 adults served. Other benchmarks include provide 1 Connections Matters training serving 10 participants and submit 3 articles in local papers; to date one person is now a trainer and can provide Connections Matters training.
- Other -

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- CPPC/DCAT – There is mini grants of \$950 available to address CPPC strategies. This may be a resource to provide meals for the Connections Matter trainings and/or the sexual abuse prevention trainings.
- 4 R Kids Board – There will be an opening on the board January 1, 2023 for a Dallas County representative.
- Child Care Data – Child care data was shared with the group. 25% of eligible child care programs have a QRS rating compared to the region at 35% and the state of Iowa 30.2%; 11% of child care homes have received ChildNet certification. Over a 5 year period Adair County has lost 20% of child care programs; the total number of children has increased by 31%.
- Iowa Kids Count Data was shared with the group.
- The new HHS agency will now encompass the Department of Ageing. Is still unclear how if any ECI will be impacted by the alignment of IDPH and IDHS.
- Iowa Kids Count has 2020 data available and reviewed, with the exception of WIC data, and it can be found at the Common Good website.
- Iowa Total Care has incentives for members such as \$20 for infant well care visits.
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**Next Meeting**

Meeting adjourned at 3:20. The next meeting will be December 13, 2022 @ 2:00 p.m. and will be in person at the United Methodist Church in Greenfield. Respectfully submitted by Debra Schrader, ECI Director